



ASPC Update

Fall 2014

2014 ASPC AMERICAS FORUM BOGOTA, COLOMBIA

By Debbie Low
CEO, Canadian Sport Institute Ontario

The III 2014 Americas Continental Forum was hosted at the Coldeportes High Performance Centre in Bogota, Colombia from October 29 – November 1. The theme for the Forum was Altitude Training and the setting was perfect as Bogota is located at 2,600 meters (8,530 feet) above sea level.

The Organizing Committee, chaired by Mr. Carlos Villegas, put together a program that was inspiring for all and provided an optimal environment for learning. Minister Andres Botero, Colombian Minister of Sports and IOC Member, launched the Forum by inspiring all of us through sharing his vision and plan for engaging ALL Colombians in sport.

There were over 24 speakers sharing their expertise and experiences. A panel of Colombian medal-winning athletes and coaches provided insight into their experiences training at altitude and at high performance training centres. They were followed by a well-rounded group of pre-senters covering topics from the "Use of Altitude/Hypoxic Training for Olympic Athletes" to the "Future and Sustainability of High Performance Training Centres."

In addition to the educational sessions, the Organizing Committee provided participants with the opportunity for physical and social activities including a bike tour of the training centre, a

true taste of Colombian cuisine (best empanadas ever!) and a visit to the Salt Cathedral of Zipaquirá.

There were 77 participants in total, with 51 from Colombia and 26 delegates attending from 13 other countries. The Forum created an ideal opportunity for sharing experiences and developing new mentorships and friendships that will last for many years to come.



GET READY FOR FORUM 2015!



**The 2015 ASPC
Forum will take place
on the Star Island –
Puerto Rico!**



August 26-29, 2015



**Meetings will be held
at the Puerto Rico
Convention District.**



**Please plan to
attend!**

**20
14** Americas
Continental
Forum

2014 ASPC EUROPEAN FORUM PAPENDAL, NETHERLANDS

By Morgan Jacquemin
Secretary General - ASPC Europe

From September 22-24, High Performance Centres were invited to attend to the III European Forum 2014 in Papendal, the Netherlands.

The 2014 European Forum provided a unique opportunity to brainstorm about the future issues of the elite training center and was attended by nearly 30 delegates from European and worldwide High Performance Centres.

Under the direction of Jochem Schellens, the focus of the Forum and the presentations were working together. There were many opportunities to share learnings and discuss how Centres can work together better going forward.

The delegates were also able to participate in a couple of unique social opportunities including playing wheelchair basketball and preparing a meal with the help of Erik te Velthuis (Manager and head chef).

The "European Project Commission" was launched during the III European Forum and the first objective will be to establish a clear vision and strategy in order to take part and/or lead European Project. This commission, lead by Mrs. Ingrid van Gelder (NED), will be composed by volunteers from European centers members of ASPC. If you are interested by taking part in this commission, or for more information, please contact Ingrid (ingrid.vangelder@nocnsf.nl).

The bid application for the IV European Forum will be launched by the beginning of 2015 and the bid selection will be made during the ASPC General Assembly in August 2015.



**“There is no higher ideal for the human race,
than promoting peace
through international sport.”**

**- BARON PIERRE DE COUBERTIN,
FOUNDER OF THE MODERN OLYMPIC GAMES**

**Stay tuned to the ASPC website for details and registration for the 2015 ASPC Forum
August 26 - 29, 2015
San Juan, Puerto Rico**

MESSAGE FROM ASPC PRESIDENT DALE HENWOOD

The 2015 Forum on Elite Sport is scheduled for August 26 - 29, 2015, in San Juan, Puerto Rico. The focus of the Forum is leadership and how we can become better leaders of our respective Centres/Institutes. Success belongs to the learner. Just as we employ systematic methods to identify and develop future athletic talent for sport performance, it is necessary and wise to employ similar practices to develop the next generation of sport leaders that will manage, direct and lead our High Performance Institutes and Academies.

The set of skills and competencies may change as one progresses from low to mid to top level management. What competencies are going to be critical for future leaders in high performance sport? As each of us seeks new talent and as we develop our own succession plans, it is essential that we identify and intentionally develop future staff. What is the performance "profile" of future Institute leaders? What skills, abilities, knowledge and competencies do they need?

Our elite sport systems are underpinned by strong leadership. Providing opportunities for learning, new experiences and exchanges is a central mandate of the ASPC. How do you get better so that you better develop to meet the needs of the leadership pool you serve? The ASPC Forum is a "greenhouse" learning environment. It is a great opportunity to develop staff, to establish networks, to share ideas and experiences and make you think differently. I encourage you to attend Forum 2015.

ANNUAL ASPC MEETING HOSTED IN BERLIN

The Olympic Training Centre Berlin, under the leadership of Harry Bahr, did an outstanding job at hosting the annual ASPC Board Meeting this past July. All committees reported their updates on the progress they were making and, during a special presentation, Bob Gamberdelli, the head of the Singapore Olympic Training Centre, was presented with their five-year commemorative plaque.

Much of the meeting's focus was to ensure a successful 2015 Forum in Puerto Rico. Discussions revolved around the program and presentations, incorporating feedback from previous Forums to outline an agenda that will make Puerto Rico a meaningful experience for all attendees.

The ASPC Board really appreciates Harry Bahr and his team for a wonderful experience in Berlin.



2013-2015 COMMITTEES

Feel free to reach out to the committee chairs and/or members with questions or ideas.

Membership Committee	Committee Chair: Toby Sutcliffe - toby.sutcliffe@hpc.co.za <i>Additional Committee Members: Alicia McConnell, Carlos Villegas, Morgan Jacquemin</i>
2015 Forum Committee	Committee Chair: Mike English - english.mike@live.com <i>Additional Committee Members: Debbie Low, Jaime Lamboy, Toby Sutcliffe, Jochem Schellens</i>
Rules/Regulations Committee	Committee Chair: Tracy Lamb - tracy.lamb@usoc.org <i>Additional Committee Members: Jaime Lamboy, Morgan Jacquemin</i>
Exchange Committee	Committee Chair: Alex Baumann - alex.baumann@hpsnz.nz <i>Additional Committee Members: Ken Bagnell, Toby Sutcliffe</i>
Communications Committee	Committee Chair: Tracy Lamb - tracy.lamb@usoc.org <i>Additional Committee Members: Josep Escoda</i>
Finance Committee	Committee Chair: Tracy Lamb - tracy.lamb@usoc.org <i>Additional Committee Members: Josep Escoda, Jorge Bichara</i>
Nomination Committee	Committee Chair: Debbie Low - dlow@csiontario.ca <i>Additional Committee Members: Mike English, Tapio Korjus</i>
Global Sports Partnerships Committee	Committee Chair: Tapio Korjus - tapio.korjus@kuortane.com <i>Additional Committee Members: Marcus Freire, Alex Baumann, Josep Escoda, Dale Henwood</i>
ASPC Database Committee	Committee Chair: Josep Escoda - jescoda@car.edu <i>Additional Committee Members: Harry Bahr, Toby Sutcliffe</i>

ASPC WEBSITE INFO

www.SportPerformanceCentres.com and www.ForumEliteSport.org

ASPC has a new website! Both www.ForumEliteSport.org and the new, more easily searched website www.SportPerformanceCentres.com will get you to the official site of the Association of Sport Performance Centers!

Update Your Site

Members are encouraged to keep information about your training center up-to-date on the ASPC website.

Click on the following link to view your site: www.forumelitesport.org/list-of-centers. Contact Silvia Matesanz via email at silviam@car.edu to obtain a username and password so you can make changes to the content of your site.