

# Create synergies around performers in Elite Sports : INSEP proposition

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INSEP / FRANCE

« V International Forum on Elite Sport »

Beijing, China, 3rd – 6th September 2007

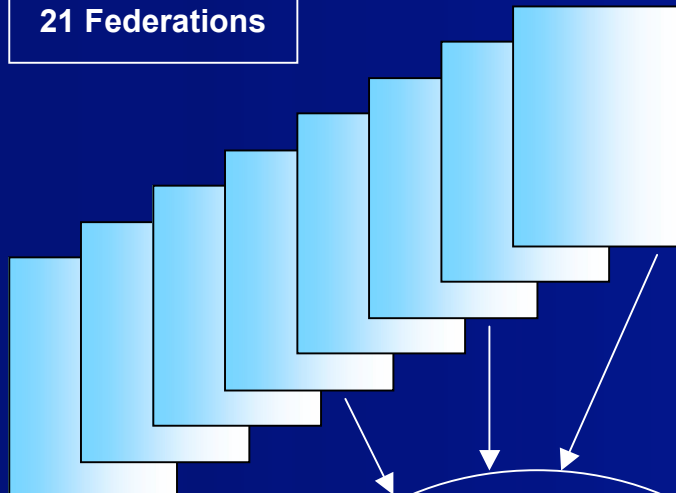


# INSEP Organisation

## 1. RECEPTION

21 Federations

26 National Teams



## 2. MISSIONS

**Life project**  
Material conditions  
Human environment

**Elite sport project**  
Material conditions  
Human environment

## 3. SERVICES

INSEP Organisation :

# Support services for performance



Support Services



Athletes



Coaches




Staff



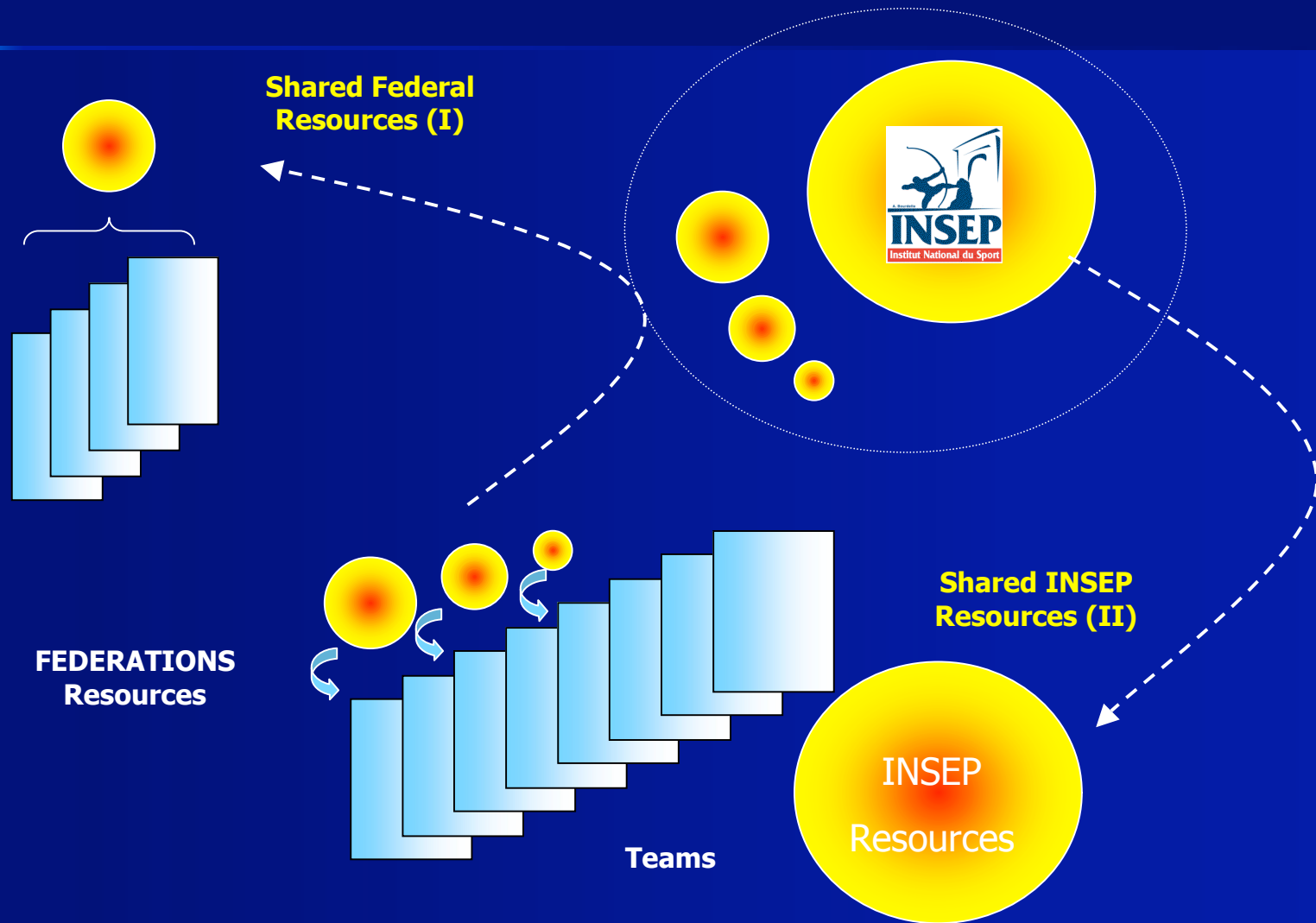
Performance



# plan

- I. Shared resources
  - II. Creation of synergies for performance
-  Illustrations of obstacles and partial solutions

# I. Shared resources



# Support services for performance

Collaboration

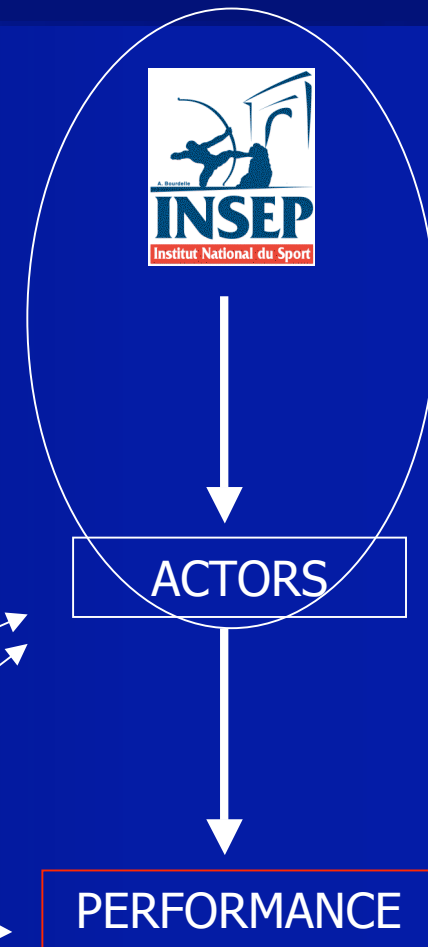
## Support Process :

1. Identify resources to share
2. Inform teams
3. Evaluate real value of services

*What they need? What seems to be necessary?*

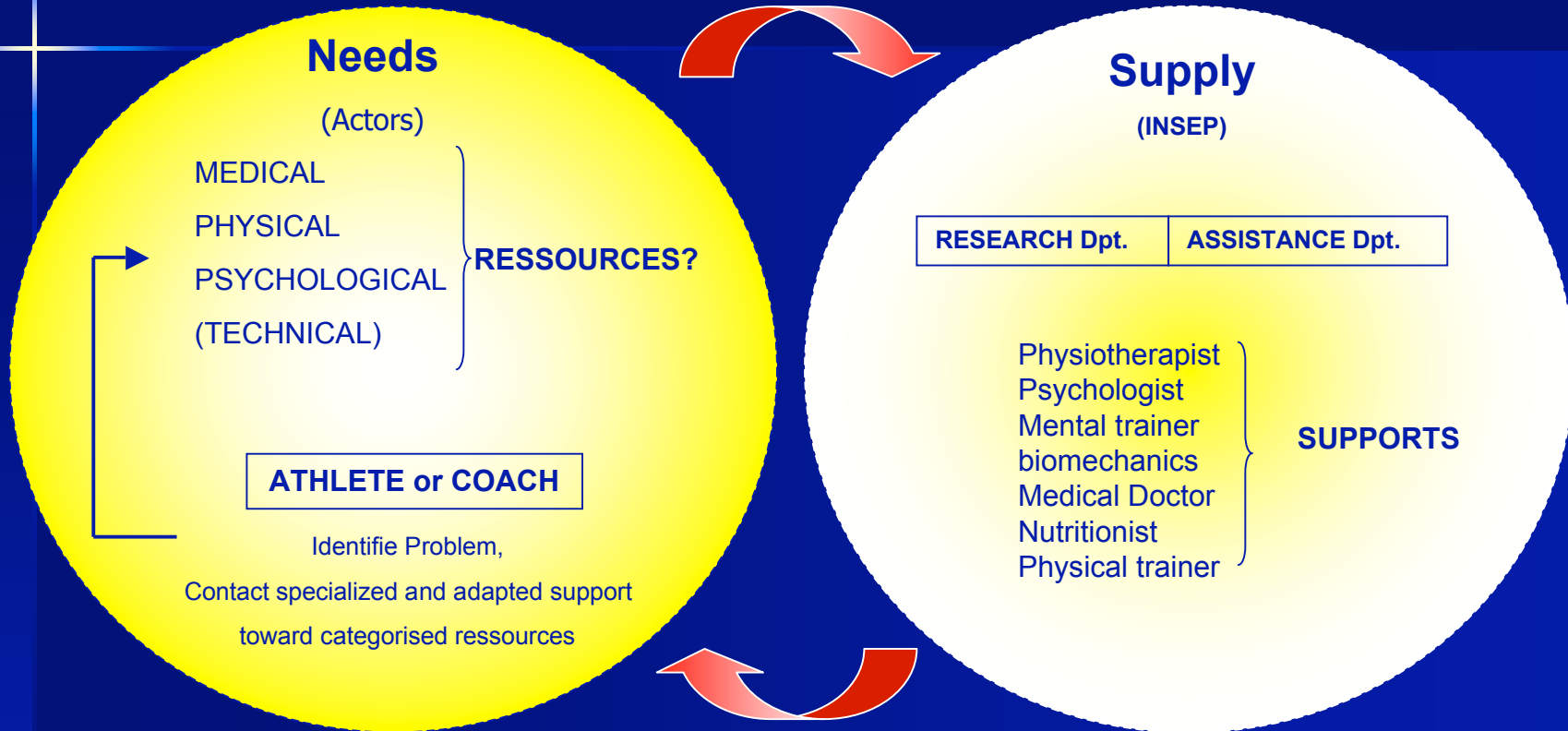
*Inform them about what we can do*

*Evaluate efficiency of services*





# Difficulties in our Support Strategy : Similarity between needs and supply

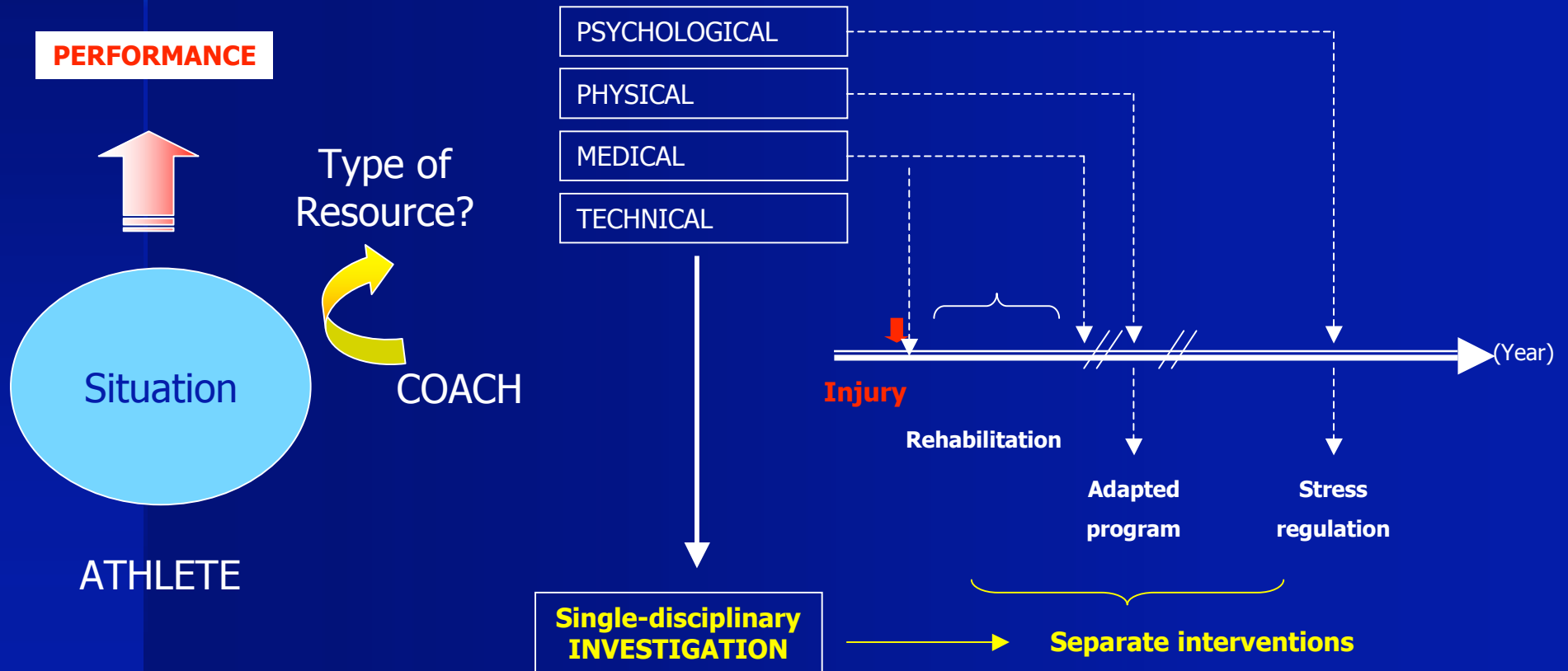


« Single-disciplinary » support concept



# «Single-Disciplinary» support process

Illustration (example)

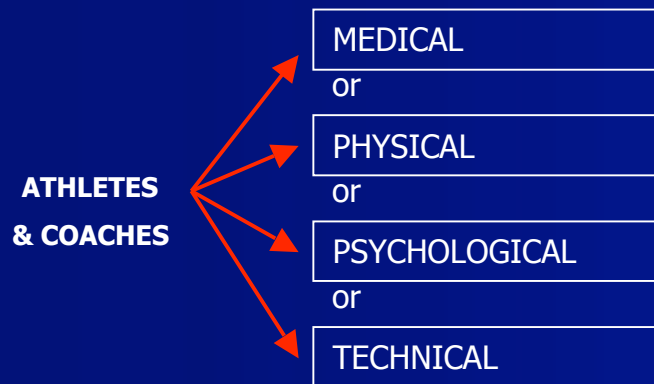






# Adapted Support to performers situations

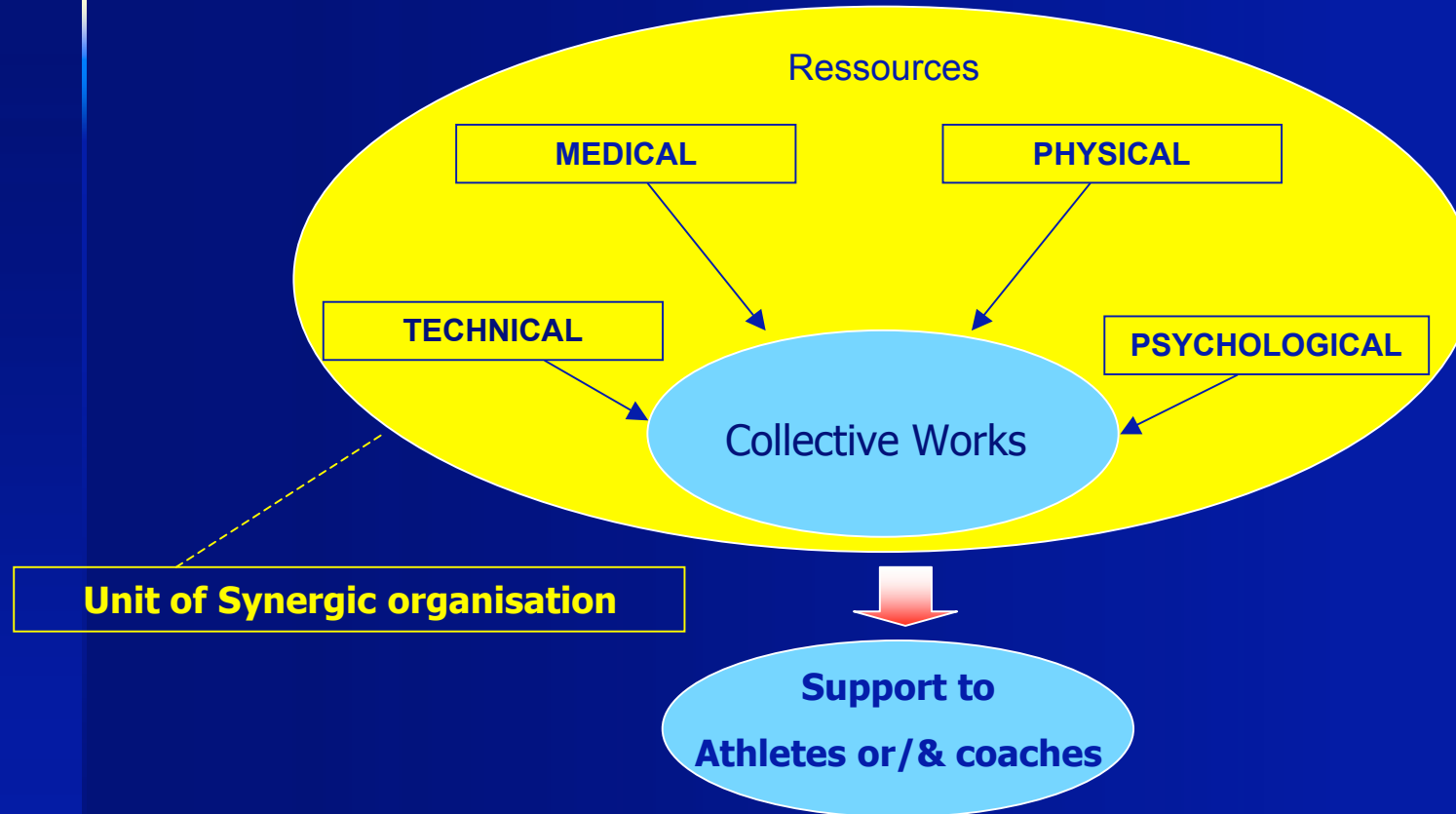
## Entry by type of resources



## Entry by type of problems



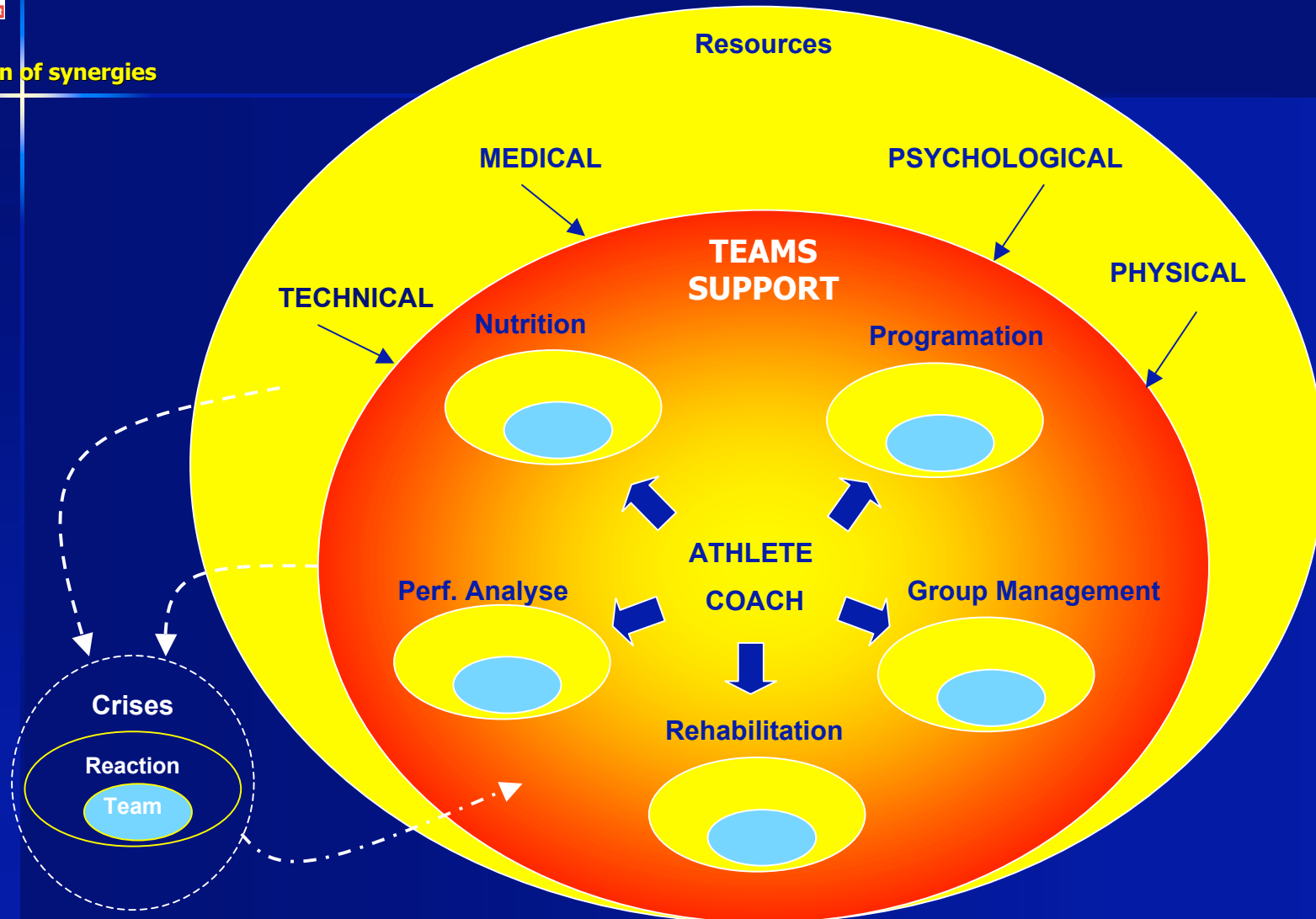
## II. Creation of synergies for performance



# Synergies of resources around performers



## II. Creation of synergies



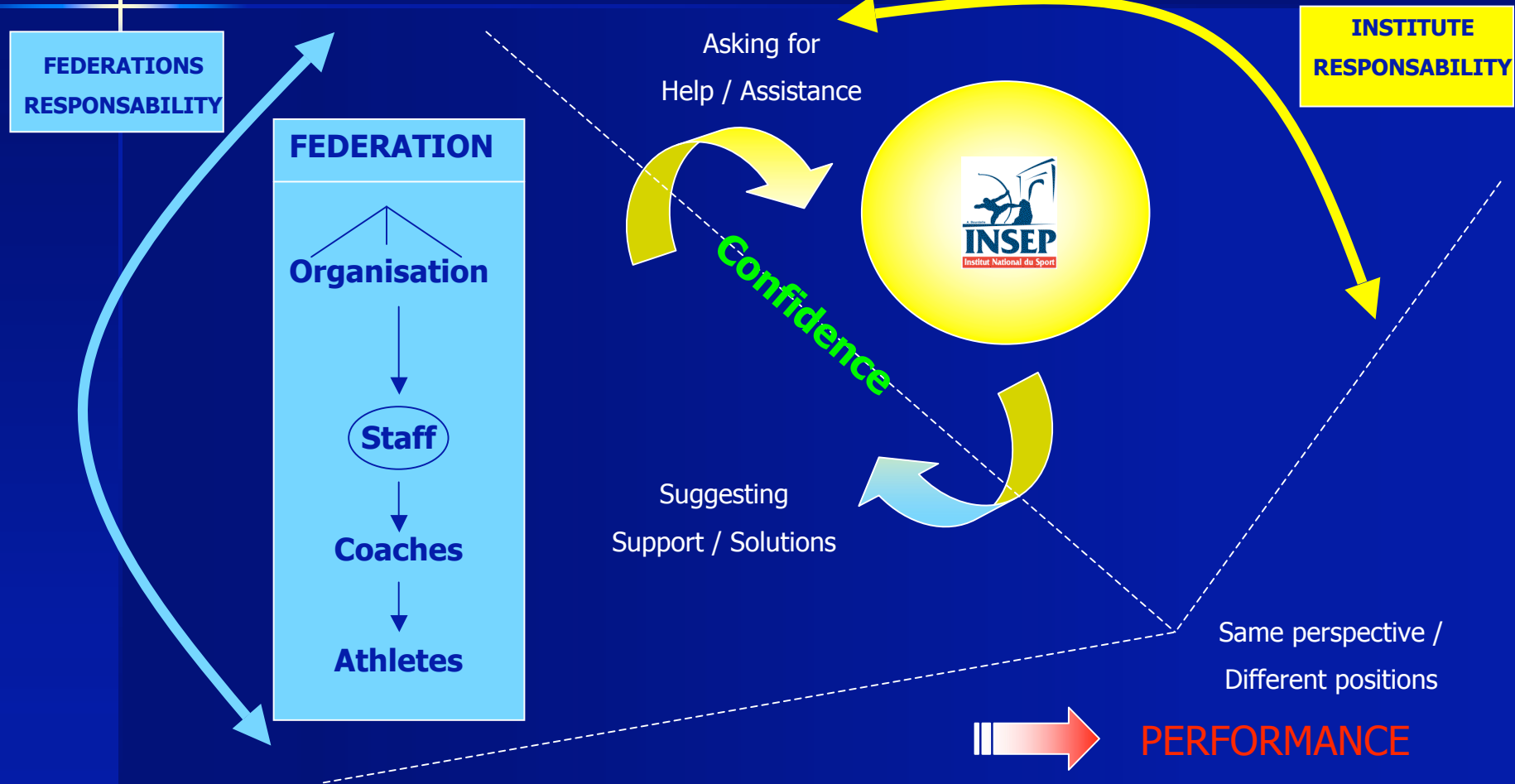


### III. Illustrations of obstacles and partial solutions

1. Problem of interference
2. Find the good place for action services
3. Changing toward a culture of sharing and collective work

# Problem of interference

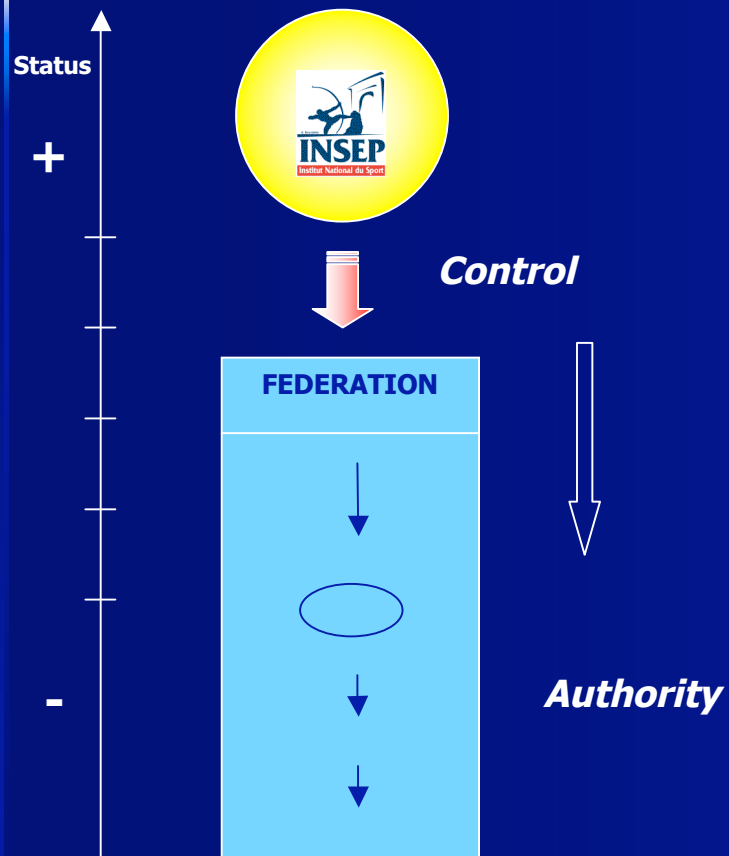
## III. Obstacles and partial solutions



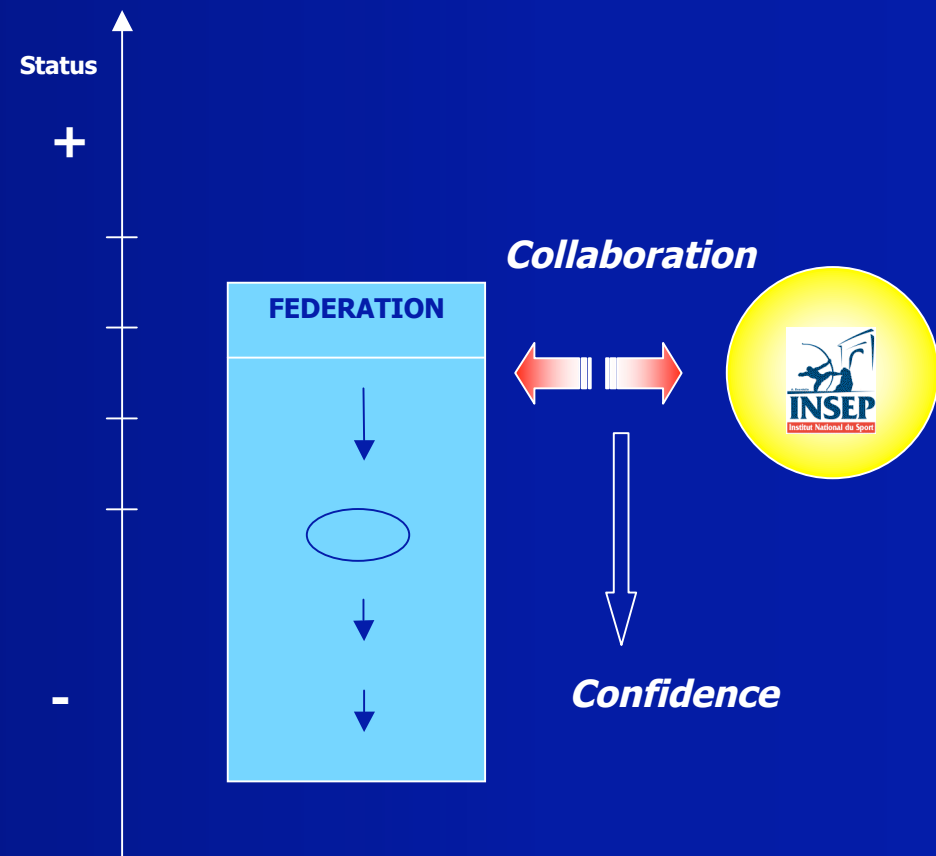
HIERARCHIC STATUS

EQUAL RELATIONSHIP

III. Obstacles/ 1. interferences



*Better efficiency for intervention,  
Worst position for difficulties expression*

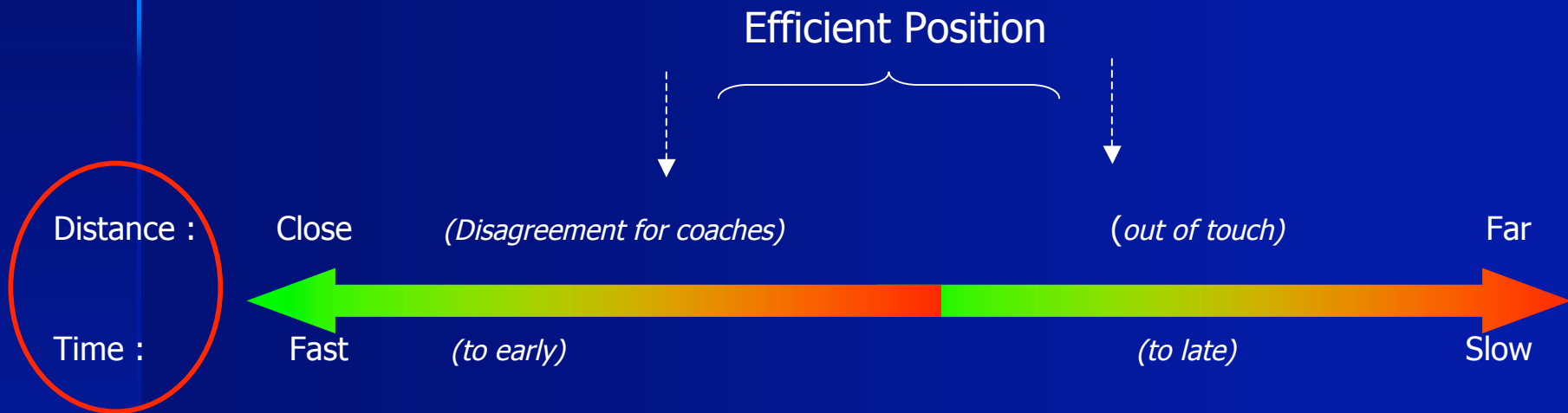


*Better for difficulties expression, but  
Dilemmas created by non intervention policy*



## 2. Find the good place for action services

### III. Obstacles and partial solutions





## 3. Changing toward a culture of sharing and collective work

### III. Obstacles and partial solutions

1. Create conditions of experience sharing between coaches
2. Generate multi-disciplinary approaches for research
3. Develop various crossing-observations on action





# Develop various crossing-observations focused on action

## III. Obstacles and partial solutions

