

Delegate : **Mr Michel CHAUVEAU**
Position : Director
Institute : Institut National du Sport et de l'Education Physique (I.N.S.E.P.)
(*French National Institute of Sport and Physical Education*)
Phone : 01 41 74 43 97
Facsimile : 01 41 74 45 37
Email : dir.insep@wanadoo.fr
and
[http ://www.online.fr/insep](http://www.online.fr/insep)
Address : 11, avenue du Tremblay - 75012 Paris (Bois de Vincennes) - France

INSEP is a public establishment of the Ministry of Youth and Sport, which offers the best conditions to fully support training with schools, universities and other professional education authorities, to the elite of French sport. In the service of elite sport, INSEP intervenes in the professional training of sports managers and participates in the creation, diffusion and the exchange of knowledge for sports issues. It implements the policy of the Ministry of Youth and Sport pursuing sports excellence on National and International levels.

Founded in 1976, by adding E.N.S.E.P. (*Ecole Normale Supérieure d'Education Physique* - High School of Physical Education), and I.N.S. (*Institut National du Sport* - National Institute of Sport), built since 1936, in a wood near PARIS (*bois de Vincennes*), INSEP offers to the athletes (about 1,000 a year, - 550 day-pupils, 450 boarders ; now 41% women, 59% men), and their coaches (about 150) quality living conditions. Selected by their federations, elite athletes are present on the 27 training sites, called « *Pôles France* », especially in summer sports, with specific conditions to prepare them for the greatest sporting events. It also allows them to become socially integrated.

During the three last summer Olympic Games, INSEP athletes won not less than half of French medals (20/27 in Barcelona, 20/37 in Atlanta), more particularly in judo, fencing, athletics, rowing, archery, equestrian, cycling track.

Elite athletes are given regular medical check-ups with the assistance of the sports federations. Check-ups are carried out at the medical department by highly qualified doctors in many specialities and physiotherapists. At INSEP, scientific research contributes to the development of technical and scientific knowledge in the domain of sport (physiology, mechanics, biomechanics, psychology, sociology, computer science). In order to fulfill its assignments related to the creation and diffusion of new knowledge in sport issues, INSEP has developed an editorial section on all the information media. There are regular exchanges between INSEP and more than forty countries on the five continents.

The Director of INSEP has responsibility for the day to day operation of the Institute. The Board of the Institute sets the policy and direction, from his proposals. He is helped by 550 men and women, administrators, teachers, doctors, physiotherapists, workers.