

Xavier Pascual

Chair: Roger Font















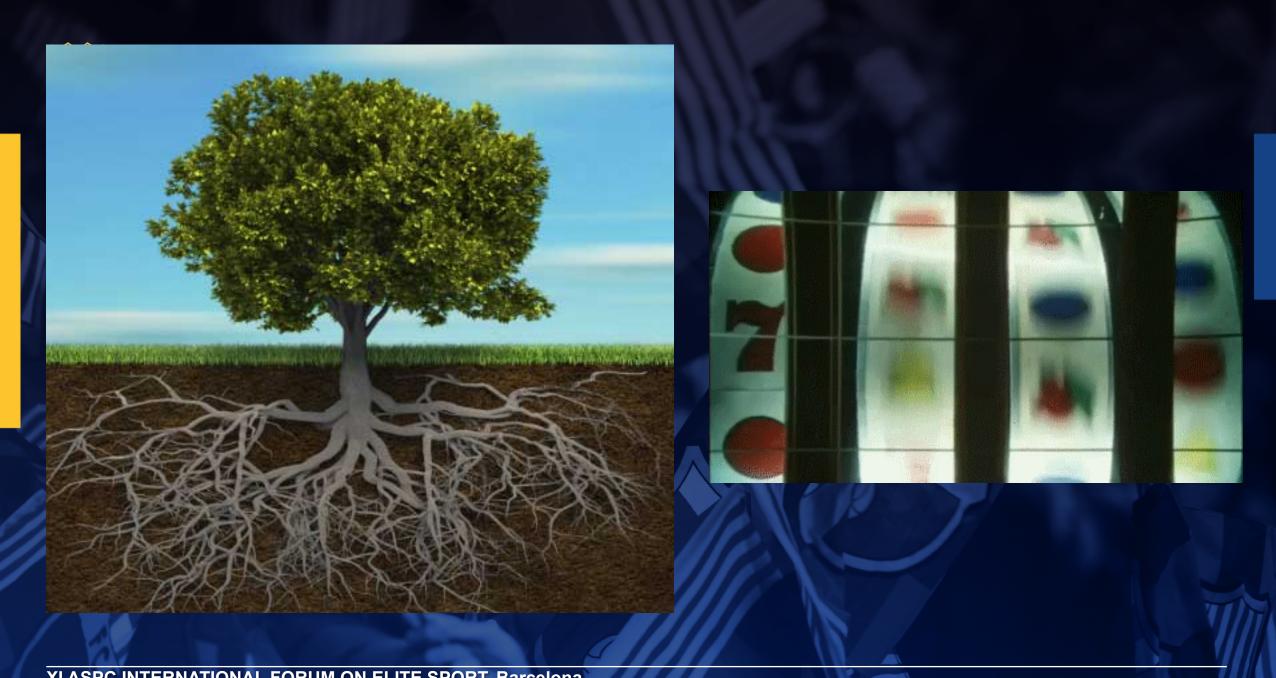




XI ASPC INTERNATIONAL FORUM ON ELITE SPORT, Barcelona, October 2019

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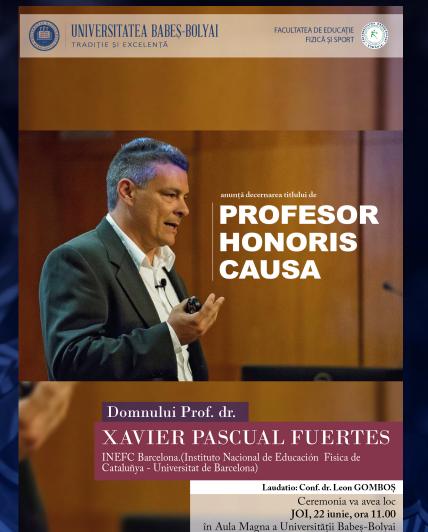




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Universitat Pompeu Fabra Barcelona



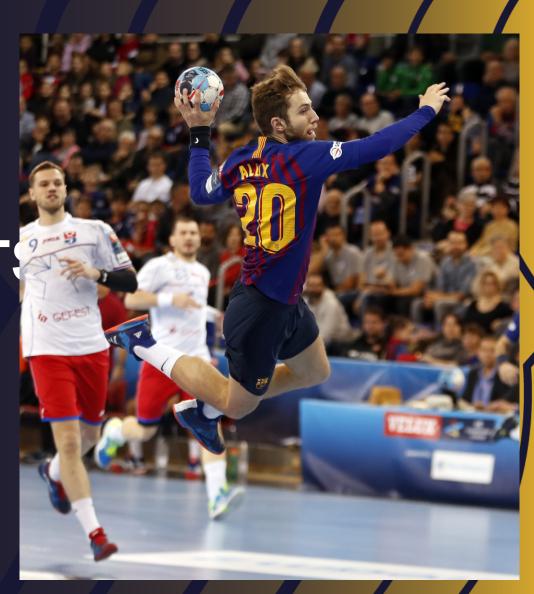
(str. Mihail Kogălniceanu nr. 1





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LEADER	SHIP	IIN SP	'UK I S

- ☐ WHERE WE ARE?
- ☐ OUR EVALUATION
- ☐ OUR ENVIRONMENT



INTRODUCTION TO LEAD TO MOTIVATE TO COMMUNICATE

☐ OUR PHILOSOPHY☐ TEAM:☐ PLAYERS☐ STAFF

☐ COACH



INTRODUCTION TO LEAD TO MOTIVATE TO COMMUNICATE

MORE THAN A CLUB......

MORE THAN A TEAM



LEADE	RSHIP	IN SE	ORTS

- ☐ CONTENTS AND EMOTIONS
- ☐ HOW TO COMMUNICATE



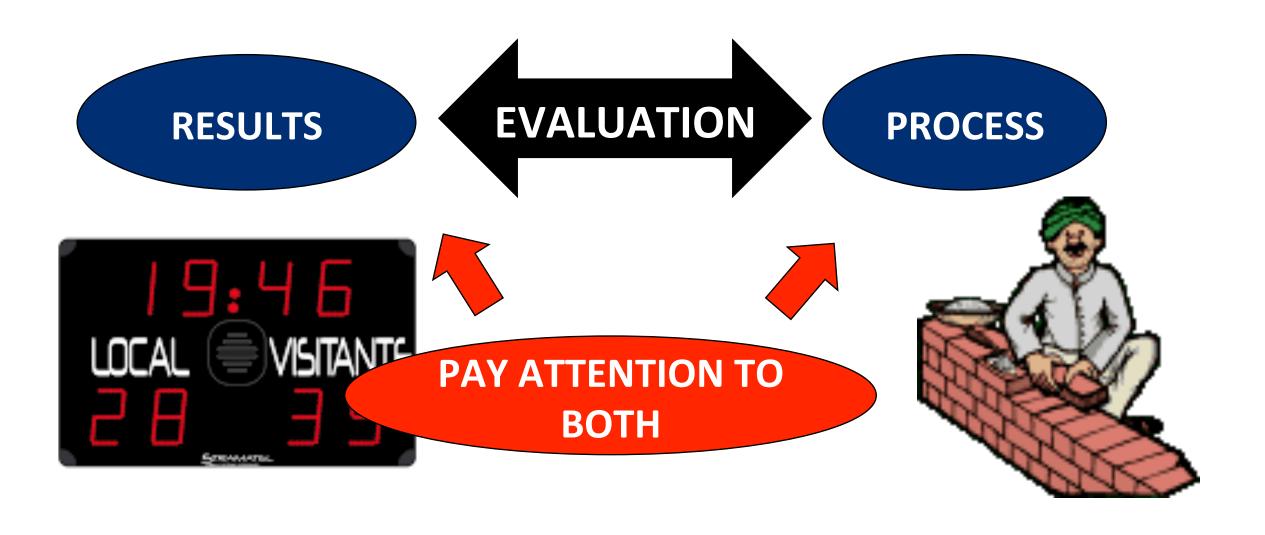
WHAT WE ARE DOING?

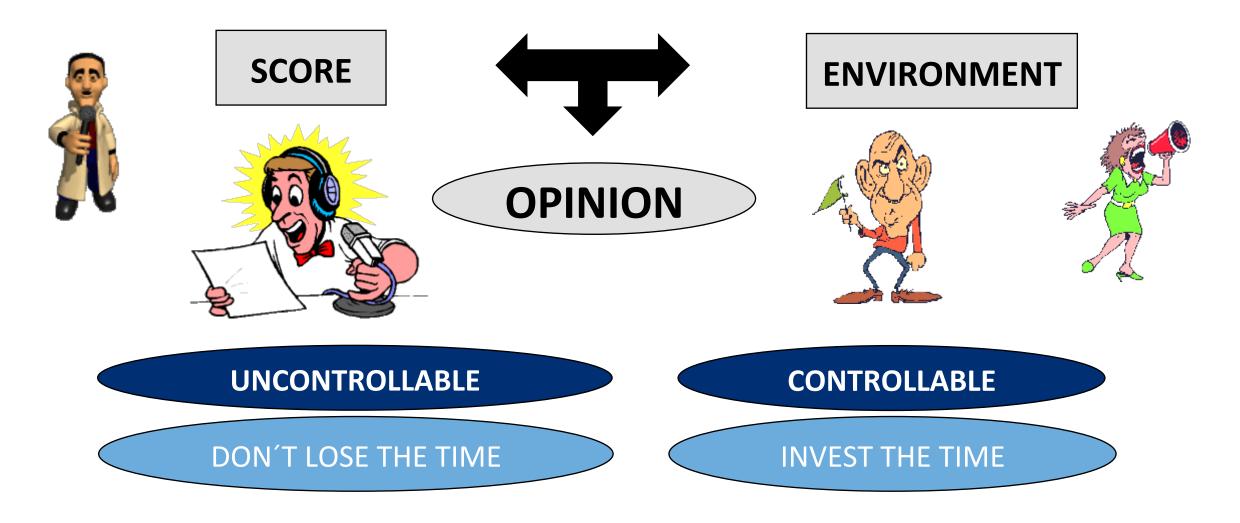
REALITY



I PREFER ON THE COURT

MAKE DECISIONS





"Pressure is a privilege" (Gilbert Enoka)

YOU PLAY AS YOU PRACTICE

DO YOU AGREE?

PHILOSOPHY

THE ATTITUDE IS NOT NEGOTIABLE, THE SUCCESS YES

IF YOU PLAY WELL, YOU HAVE MORE CHANCES TO WIN



WHERE IS THE PROBLEM?

WHAT DOES IT MEAN TO PLAY WELL?











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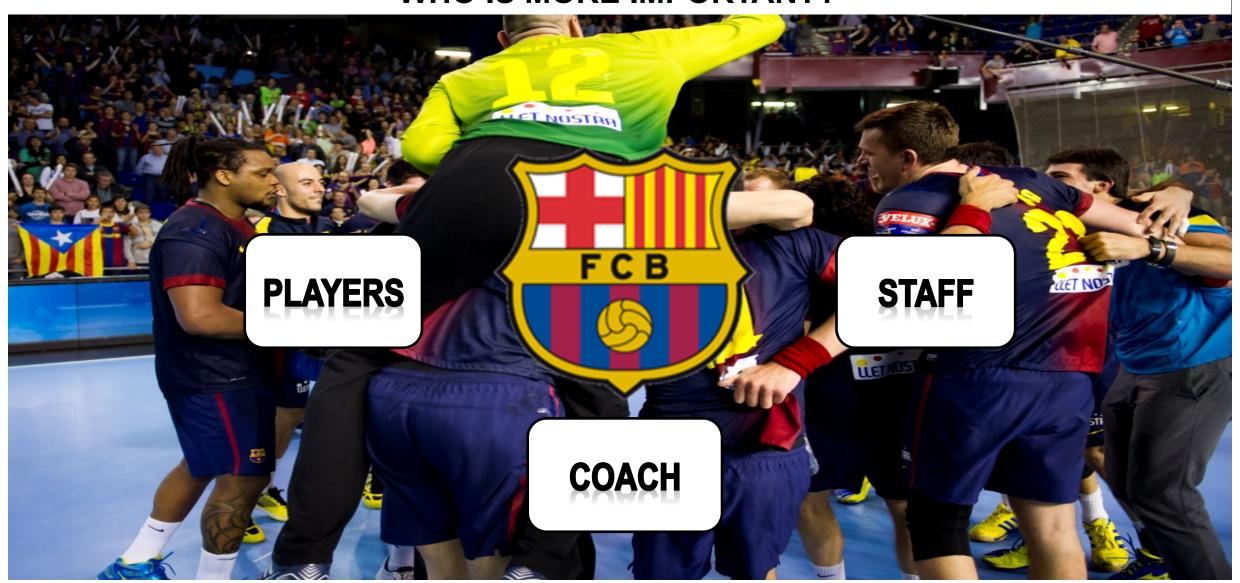




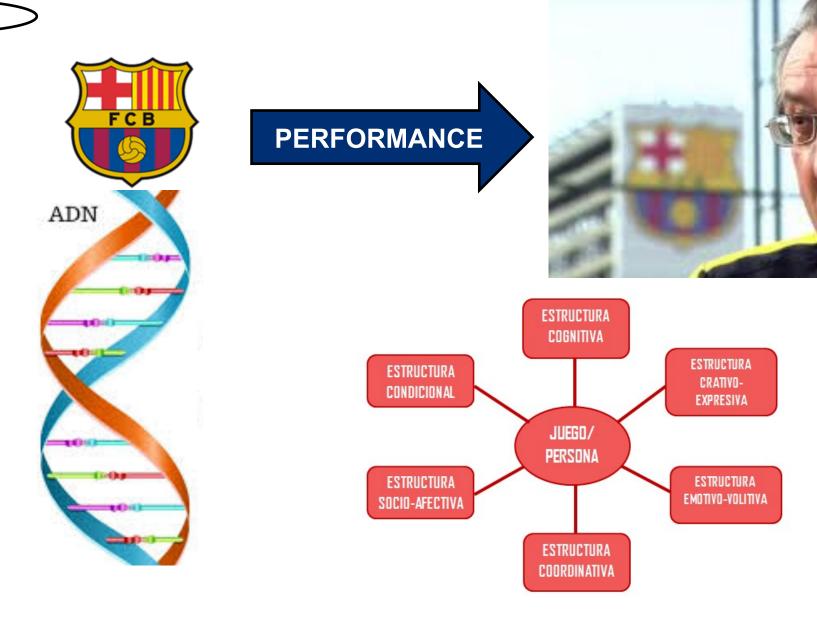


VIENTO REACTIVA FOCO DE INCENDIO EN PORTEZUELO

WHO IS MORE IMPORTANT?











EACH PERSON IS DIFFERENT

EACH BACKPACK IS DIFFERENT







STAFF

COMMUNICATION

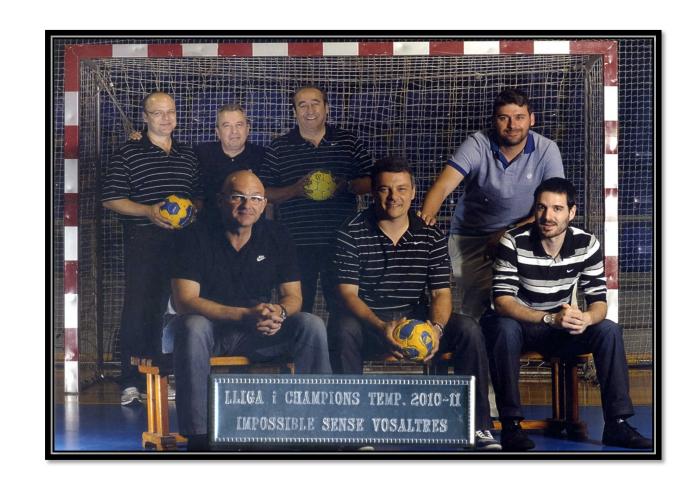
RESPECT EACH OTHER'S WORK

TRUST THEM

DISCIPLINE

RULES ARE POR EVERYONE

ETC.



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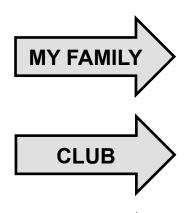
COACH

WHEN DID ALL THIS START?



BACKPACK

Febrero 2009							
N.º	Lu	Ma	Mi	Ju	Vi	Sá	Do
5							1
6	2	3	4	5	6	7	8
7	9	10	11	12	13	14	15
8	16	17	18	19	20	21	22
9	23	24	25	26	27	28	



"After a long time, we now charge up to date. Don't take it because if it goes wrong they will fire you".

You have to take the team (no question)

MYSELF

I'm working a lot for this chance...
Time can't be controlled

Self-confidence









Xavi Pascual, operado con éxito de una valvulopatía aórtica

• El entrenador del Barça de balonmano fue intervenido de una valvulopatía aórtica

XAVI PASCUAL OPERATED WITH SUCCESS OF AN AORTIC VALVULOPATHY

AFRONTARLO

FACE IT

GESTIONARLO

MANAGE IT

COMUNICARLO

COMMUNICATE IT

INTRODUCTION TO LEAD TO MOTIVATE TO COMMUNICATE



SOMETHING MORE THAN A TEAM

MOTIVATION

ADHERENCE COHESION

COHESION RESPECT

COMMITMENT

CAUSE RELATIONS

TRUST RESPE





COMMUNICATION

ENVIROMENT



SOMETHING MORE THAN A TEAM





ACTIVITY	WHO	DATES
STAFF MEETING AND PLANIFICATION	STAFF, COACH AND TUTOR	Last week of september
TO CREATE GROUPS AND STABLISH DATES	STAFF, COACH AND TUTOR	First week of october
CHOOSE THE SONG	1 Week Tutor	First week of october
SET TWO RECORDING DATES	1 Month Tutor	From 20th october to 20th november
DO THE FILM	Tutor	20th november
CHRISTMAS DINNER TEAM	Team, familys and executives	20th december





SOMETHING MORE THAN A TEAM





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NEW SEXYS ON BLOCK

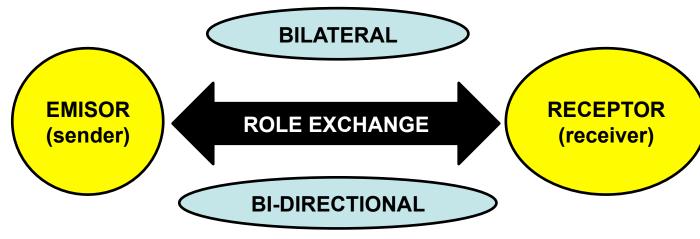
HOW TO COMUNICATE?



VERBAL COMMUNICATION

INTRAPERSONAL INTERPERSONAL COMMUNICATION

COMMUNICATION



INTRODUCTION TO LEAD TO MOTIVATE TO COMMUNICATE



WHAT DO WE COMMUNICATE?

MANAGE THE VOICE TONE





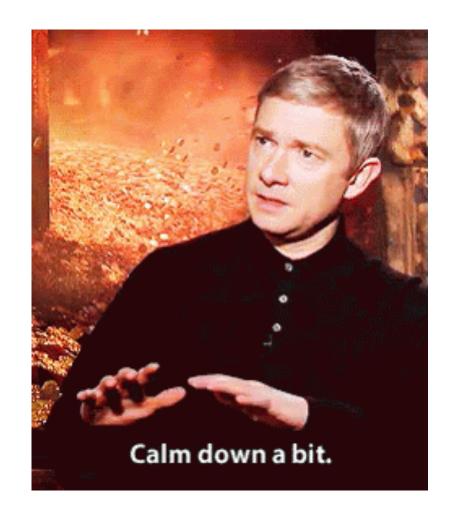


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INTRODUCTION TO LEAD TO MOTIVATE TO COMMUNICATE



EMOTIONS





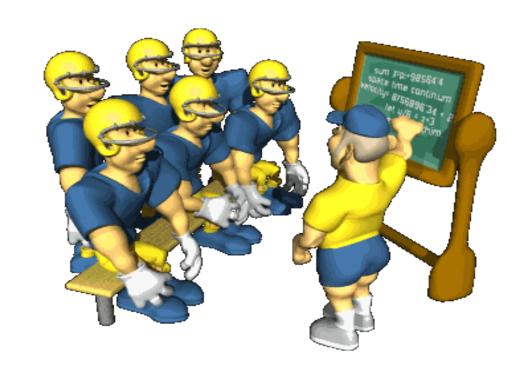
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GIVE ORDERS

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DEFINITELY: COMMUNICATE

INTRODUCTION TO LEAD TO MOTIVATE TO COMMUNICATE

SORRY







LEADERSHIP IN ST

Xavi ascual
Chair: Roger Font

