



ASPC Update

Spring 2015

IX FORUM ON ELITE SPORT

By Jaime Lamboy

To say the Puerto Rico Olympic Committee is excited to host the IX Forum on Elite Sport would be an understatement. Our NOC is putting all efforts to make this Forum the best in ASPC history.

Organizing this forum is part of our strategy to insert Puerto Rico into the modern techniques of sports administration and high performance development. I look forward to meeting all delegates personally and start building a long term and fruitful relationship with the HPCs of the world.

Needless to say Puerto Rico has beautiful beaches. But our greatest asset is our people. You will enjoy first class service and treatment from all of us. In terms of tourism, Puerto Rico offers a great variety. We have one of the few bioluminescent bays in the world and a tropical rainforest filled with exotic enchantment. Old San Juan will show our deeply rooted Spanish heritage and for those golf enthusiasts, we do have great courses for you to enjoy. So, you will be able to kill two birds with one stone: come to a great Forum and enjoy a great nation, our Star Island.

2015 THEME: CONNECTING LEADERS TO SPORT

The focus of the 2015 Forum will be management and leadership in international high performance sport centres. We aim to answer the following questions:

- How do we better develop present and future leaders of high performance centres?
- How do we better equip the ASPC members and high performance centre leaders in their respective locations to be even better leaders?
- What skills, knowledge, abilities and tools can be offered that will contribute to the personal and professional growth of high performance centre leaders?
- How do we elevate the efficiency, effectiveness and impact of our centres through a focus on developing strong leadership?

Forum registrations forms can be found online at www.sportperformancecentres.org.

A block of rooms have been reserved at the Embassy Suites San Juan - Hotel & Casino for August 24-30, 2015. **The special room rate will be available until July 15** or until the group block is sold-out, whichever comes first. Book online at:

http://embassysuites.hilton.com/en/es/groups/personalized/S/SJUESES-COP-20150824/index.jhtml?WT.mc_id=POG



GET READY FOR FORUM 2015!



The 2015 ASPC Forum will take place on the Star Island – Puerto Rico!



August 27-29, 2015



Don't delay - register today!

The hotel booking deadline is fast approaching!



Come join your fellow ASPC members!



MESSAGE FROM ASPC PRESIDENT DALE HENWOOD

The IX Forum on Elite Sport is fast approaching. Through the ASPC we invest in people who are willing to share; to be challenged; to learn from others; people committed to personal development. As high performance leaders, you understand the importance of investing in the training and development of yourself and your people. Powerful impact requires self-development.

There are many great reasons to attend the IX ASPC Forum.

1. Challenge your thinking and revamp your strategy.
2. Get practical insight from the most influential high performance training centre leaders.
3. Explore and share future challenges, opportunities and trends from the high performance world.
4. Share ideas, initiate discussions and build relationships with others in the same business.

I am looking forward to learning fresh perspectives about high performance training centres and learning from others with a commitment to sharing knowledge and experiences.

When it comes to personal development – you can do it, you can find the time OR watch the person next to you do it and blow past you. The ASPC Forum from August 27-30 can be the vehicle.

ASPC AT THE IOC

On April 23, members of the ASPC Board met with members of the International Olympic Committee in Lausanne, Switzerland. The ASPC team included Dale Henwood (CAN), Josep Escoda (ESP), Tapio Korjus (FIN) and Tracy Lamb (USA). During the ASPC/IOC meeting, President Dale Henwood shared some of the history of the ASPC as well as our key projects and accomplishments. These were of great interest to the IOC members present. Dale then focused on where we are aligned with the IOC; for example, sustainability as well as development of the athletes, coaches and officials. There was also alignment with youth and people development (dual career), and with the effort to help create good leaders for the future of sport.

The group then discussed ways to work together to help support each other's growth. Yasmine Yousfi, senior manager for Olympic Solidarity stated, "We will pursue our discussion in order to find potential ways of collaboration either for the athlete or for the coaches." In a letter after our meeting, Mr. Pere Miro, director of Olympic Solidarity wrote, "We view this meeting as a first step and we will definitely pursue our discussion in the near future."

The ASPC Board looks forward to working with the IOC and a number of projects in the near future that will bring us all closer together as a family supporting elite sport.



ASPC WEBSITE INFO

www.SportPerformanceCentres.org

ASPC has a new website!

www.SportPerformanceCentres.org will get you to the official site of the Association of Sport Performance Centers!

Update Your Site

Members are encouraged to keep information about your training center up-to-date on the ASPC website.

Click on the following link to view your site: <http://sportperformancecentres.org/centre-world-mapa>. Come early to registration at the Forum - instructors will be available to help you update your training centre's content on the ASPC website.