



ASPC Update

Winter 2015

MESSAGE FROM ASPC PRESIDENT DALE HENWOOD

Thank you, sincerely, for contributing to make the recent ASPC Forum in Puerto Rico a highly-valued experience. Performance sport is both our profession and our passion.

There is a price to pay to be in elite sport and be world class – as an athlete – to be better, train intently, eat properly, disciplined in our decisions – there is also a big price to pay and a cost to be mediocre. The same applies to world class Institutes and high performance centres. We need to be aware of our “competitor” and aware of the areas where we may need to change or improve. The biennial ASPC Forum helps us all get better.

Through the ASPC we can create opportunities for each Institute/country to be competitive, to be stronger, to be better because the stronger we each become, the stronger the high performance movement becomes; the greater our impact in our communities and countries. We work together as partners, to elevate high performance sport; elevate it on the field of play and off.

Solid leadership and strong administration are essential at an Institute. Good leadership does not win medals, but bad leadership causes chaos, instability, uncertainty and negatively impacts performance. Strong leadership impacts the overall functioning of our Institutes and, thus, the development and advancement of elite athletes. The biennial ASPC Forum helps us all develop as leaders.

You are encouraged to stay involved and connected with other ASPC members and with relationships you have established or renewed in Puerto Rico. It would be our hope that our seven guiding principles are visible in your work on a daily basis. Keep in touch with the athletes you serve and continue to offer the advice and guidance they need.

Finally, please ensure the information on the ASPC website regarding your Institute/Centre is current. Best wishes with your preparations for Rio.

GET READY FOR FORUM 2017!



The 2017 ASPC Forum will take place in Durban, South Africa



Prime Human Performance Institute



Fall 2017



STAR ISLAND FORUM WAS A HUGE SUCCESS THANK YOU TO ALL WHO ATTENDED!



ASPC INPUT NEEDED:

Educating and Developing Coaches in a High Performance Environment

Dr. Laurie Patterson, Prof. Susan Backhouse and Sergio Lara-Bercial are researchers based at Leeds Beckett University in the UK, currently working in collaboration with the International Council for Coaching Excellence (ICCE) on a project funded by the World Anti-Doping Agency (WADA).

They asked for the ASPC contribution to develop the project: Educating and Developing Coaches in a High Performance Environment.

The aim of the project is to provide guidance for an international anti-doping training program for high performance coaches and has been reviewed and approved by the ASPC Research Committee, which decided that this research project seemed to be interesting for ASPC and for ASPC members because anti-doping is an extremely important topic for every high performance centers. Of course it is your own decision to participate.

You should have received an information sheet about this research from Silvia back in November 2015 – if you don't have the information, please let Silvia know or you can contact the research team via Dr. Laurie Patterson at L.Patterson@leedsbeckett.ac.uk. Dr. Laurie Patterson can provide you with further information about the project and will ask if you are able to help her make contact with staff within your organization that are responsible for coach education and development. Dr. Patterson will also be happy to answer any questions that you have prior to you deciding if you wish to help.

Thank you very much for your cooperation.

2015-2017 BOARD & COMMITTEES

Service on the Board of Directors runs from Puerto Rico 2015 to Durban 2017.

Staff members are eligible to participate in the Board as Mandate of the Statutes.

Feel free to reach out to the committee chairs and/or members with questions or ideas.

President: Dale Henwood (CAN)
Secretary General: Josep Escoda (ESP)
Treasurer: Tracy Lamb (USA)
Previous Forum Host: Jaime Lamboy (PUR)
Next Forum Host: Brendon Goodenough (SAF)
Host Secretariat: Silvia Matesanz (ESP)
Vice President for America: Debbie Low (CAN)
Vice President for Europe: Tapio Korjus (FIN)
Vice President for Africa: Toby Sutcliffe (SAF)
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Vice President for Oceania: Alex Baumann (NZL)
Past President: Mike English (USA)



International Relations Committee **Committee Chair: Dale Henwood - dhenwood@csicalgary.ca**
Including Exchange, Global Sport Partnerships (IOC/PASO/ANOC, etc.), IASI partnership and ASIA Relations

Additional Committee Members: Josep Escoda, Tracy Lamb, Tapio Korjus, Alex Baumann

Governance Committee **Committee Chair: Tracy Lamb - tracy.lamb@usoc.org**
Including Bylaws/Rules & Regulations; Forum Bid & Liaison; Membership (primarily at VP level); Nomination (succession)

Additional Committee Members: Debbie Low, Toby Sutcliffe, Jaime Lamboy

Marketing Committee **Committee Chair: Josep Escoda - jescoda@ies.car.edu**
Including Website; Database; Research proposals; Communications-newsletter, social media

Additional Committee Members: Tracy Lamb, Jochem Schillings, Brendon Goodenough

ASPC WEBSITE INFO

www.SportPerformanceCentres.org

www.SportPerformanceCentres.org will get you to the official site of the Association of Sport Performance Centers!

Update Your Site

Members are encouraged to keep information about your training center up-to-date on the ASPC website.

Click on the following link to view your site: <http://sportperformancecentres.org/centre-world-mapa>