



BID FORM FOR THE 2021 FORUM ON ELITE SPORT

Name of the Event : INTERNATIONAL FORUM ON ELITE SPORT
Dates of the Event : 18 - 22 October 2021

Responsible Institution : Hong Kong Sports Institute
Responsible Contact: rsi@hksi.org.hk

Organization : Hong Kong Sports Institute
Responsible Contact Name: Dr. Raymond So
Position : Director of Elite Training Science and Technology

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This document is to be sent before August 1, 2019 to:

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Date:

29 July 2019

Signature of the Responsible:

Please explain your proposal hereby: *(Please refer to the enclosed bidding document, thank you.)*

(Details please refer to the enclosed bid proposal and appendix, thank you.)

1. Bid Requirements:

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- ii. PURPOSE**
- iii. BENEFITS TO ASPC MEMBERS**
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- v. HOST CITY AND COUNTRY**
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- 2. BUDGET**
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XII International Forum on Elite Sport Hong Kong 2021

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VISION

With increasing expectation of winning medals at major games and achieving sustainable world-class sports results, it is a challenging time for leaders of high performance training centres, especially in the Asian region, to establish or maintain a systematic and effective management model.

As one of the founding members of the Association of Sports Institutes in Asia (ASIA), which contributes to the development of elite sports in the region, the Hong Kong Sports Institute Limited (HKSI) is always looking for opportunities to facilitate an east-meets-west exchange of experience and ideas between regional sports leaders and international counterparts.

The 2021 International Forum on Elite Sport will provide leaders of high performance training centres from around the world with an opportunity for networking and co-operation.

In addition, bringing the Forum to Hong Kong will provide impetus into the development of sports and sport professionals in the city and in Asia. The HKSI will promote the Forum to the local sports community and ASIA counterparts, and we are confident that it will attract participation from member institutions.

PURPOSE

The theme of the 2021 Forum is “Enhancing elite sports – Asian perspectives and development”. Keynote speakers from high performance sports institutes in Asia will be invited to share the development of elite sports in their cities or countries and the challenges they encountered.

The 2021 Forum will serve as a platform for Asian and global leaders to communicate and exchange ideas on their leadership approaches and successful experiences in scientific high performance training.

BENEFITS TO ASPC MEMBERS

Hosting the Forum in Hong Kong will offer members of the Association of Sport Performance Centres (ASPC) an opportunity to have a better understanding of the development of high performance sports training centres in Asia, which is essential to fostering collaboration between centres in different regions.

The Forum will also attract participants from non-ASPC members, such as high performance sports training centres in different provinces of mainland China, and Thailand, Indonesia, Qatar, etc. providing greater exposure to ASPC in the region.

In addition, guided tours showcasing state-of-the-art training facilities of the HKSI will be arranged to let participants learn more about the HKSI's role in supporting elite athletes.

HOST ORGANISING COMMITTEE

Chairman

Dr. Raymond So, Director of Elite Training Science & Technology of the HKSI

Members

Prof. Takeshi Kukidome, Current ASPC Continental Vice President for Asia

Dr. Takahiro Waku. Chair of ASIA

Mr. Toh Boon Yi, Vice Chair of ASIA

One representative from Sports Science/Sports Medicine

Secretariat

HKSI



HOST CITY AND COUNTRY

Hong Kong, officially the Hong Kong Special Administrative Region (HKSAR) of the People's Republic of China, is a special administrative region situated on the eastern side of the Pearl River estuary in southern China. Having a population of over 7.4 million with diverse nationalities in a 1,106.7-square-kilometre (equivalent to 427 square miles) territory, Hong Kong is the world's fourth-most densely populated region.

Originally a sparsely populated area of farming and fishing villages, the territory has become one of the world's most significant financial centres and commercial ports. It is the world's seventh largest trading entity in goods, and its legal tender (the Hong Kong dollar) is the world's 13th most traded currency. Hong Kong has the largest concentration of ultra-high-net-worth individuals among cities all over the world.

Hong Kong has a humid subtropical climate, with hot and humid summers and winters with dry wind and occasional cold fronts.

The average temperature of Hong Kong in October is 19 - 28°C, which is one of the best months to visit the city with pleasant breezes, plenty of sunshine and comfortable temperatures.

Hong Kong has extensive experience in hosting international sporting events and sports conferences, including:

International Sports Events

- 2008 Beijing Summer Olympics and Paralympic Equestrian events
- 2009 East Asian Games
- 2016 UCI Track Cycling World Cup
- 2017 UCI Track Cycling World Championships
- 2017 ICF Canoe Ocean Racing World Championships
- 2018 Volvo Ocean Race - Hong Kong Stopover
- 2018 ITTF World Tour - Hong Kong Open (Table Tennis)
- 2018 World Men Tenpin Bowling Championships
- 2019 UCI Track Cycling World Cup
- 2019 ITTF World Tour - Hong Kong Open (Table Tennis)

Annual Sports Events

- FIVB Volleyball Nations League
- Hong Kong Golf Open
- Hong Kong Squash Open
- Hong Kong Open Badminton Championships
- Harbour Race
- Hong Kong International Dragon Boat Race
- Hong Kong Marathon
- Hong Kong Tennis Open
- LONGINES Masters of Hong Kong (Equestrian)
- Hong Kong Sevens (Rugby)
- World Dancesport Federation GrandSlam Hong Kong

International Sports Conferences Organised by the HKSI

- 2016 HKSI International Sports Science Symposium, sponsored by Mr. Ming Wai Lau: Applied nutrition - from science to plate
- 2017 2nd ASIA Congress - Professionals Make Concerted Effort to Shape the Future of Asian Sports
- 2017 Hong Kong International Sports Medicine Symposium "Sport Injury – From Emergency Care to Rehabilitation"
- 2018 Shoulder Biomechanics Research Summit 2018
- 2018 World Bowling Coaching Conference



TRANSPORTATION

Easy Access to Forum Venue

The Forum venue (HKSI) is just 40 kilometres from the Hong Kong International Airport and can be arrived within 40 minutes by car (non-peak hours).



Public Transport to HKSI

Take the MTR East Rail Line to the Fo Tan station. The HKSI Main Entrance can be reached with a five-minute walk.

Visa to Hong Kong

Hong Kong is visa-free to people from over 100 countries, including most of the countries in Asia and also Australia, Canada, New Zealand, Portugal, Spain, the UK and the USA, etc.

Please check with your travel agent for the latest entry requirements or visit website of the Immigration Department of the HKSAR at <https://www.immd.gov.hk/eng/index.html>. We will facilitate the submission of applications for the required visitors permit for delegates.

ACCOMMODATION

Courtyard by Marriott Hong Kong Sha Tin (5-star)

Room rate/night: (single) HKD1,972 (USD256)
(double) HKD2,130 (USD277)

4.2 km to HKSI

(7-minute ride or 1 MTR station distance)

Free access to WiFi and in-house sport facilities

Official

Website: <https://www.marriott.com/hotels/travel/hkgst-courtyard-hong-kong-sha-tin/>

Regal Riverside Hotel (4-star)

Room rate/night: (single) HKD1,000 (USD130)
(double) HKD1,000 (USD130)

1.6 km to HKSI

(20-minute walk or 5-minute ride)

Free access to WiFi and in-house sport facilities

Official

Website: <https://www.regalhotel.com/regal-riverside-hotel/en/home/home.html>



FORUM LOCATION

Hong Kong Sports Institute

The HKSI is Hong Kong's elite sports training centre. It only takes five minutes to walk from the nearby Fo Tan MTR station to the Forum venue, or less than seven-minute ride from the neighbouring hotels. The nine-storey Main Building of the HKSI provides integrated facilities for hosting international conferences, including:



- A 400-seat lecture theatre equipped with simultaneous interpretation and audio visual equipment and WiFi service;
- Furnished meeting and activities rooms with flexible seating formats; and
- Restaurant and catering service.



The HKSI offers newly refurbished barrier-free state-of-the-art sports facilities for athletes, including Swimming Complex; Athletic Track & Field; Rowing Centre; Sports Complex that houses an array of international-standard

facilities, such as Fencing Hall, Badminton Hall, Table Tennis Hall, Wushu Hall, Tennis Courts, Squash Courts and Fitness Training Centre; and also specialised centres for scientific conditioning, sports medicine, sports nutrition, sports biomechanics and sports psychology under the Elite Training Science & Technology Division.



DATE

18-22 October 2021

SCHEDULE

17 October 2021 (Sunday)

- Arrival of ASPC Board Members
- Arrival of Bid Committee for XIII ASPC International Forum on Elite Sport 2023

18 October 2021 (Monday), Day 1

- ASPC Board Meetings
- Presentation of Bid Committee
- Arrival of Forum Participants

19 October 2021 (Tuesday), Day 2

- Forum Registration
- Continental/Committee Meetings
- General Assembly Part 1
<Lunch>
- Opening Reception
- Opening Ceremony
- ASPC Presidential Address
- Topic 1
<Tea Break>
- Topic 2
<Free Night>

20 October 2021 (Wednesday), Day 3

- Topic 3
<Tea Break>
- Topic 4
<Lunch>
- Guided Tour of HKSI
- Topic 5
<Tea Break>
- Topic 6
<Free Night>

21 October 2021 (Thursday), Day 4

- Topic 7
<Tea Break>
- Topic 8
<Lunch>
- Topic 9
<Tea Break>
- General Assembly Part 2 (New Member and Award)
- Closing Remarks
<Closing Dinner with a Cultural Sharing Event>

22 October 2021 (Friday), Day 5

- Departure or Touring in Hong Kong

List of Topics

1.	Challenges in the Development of High Performance Training Centres in Asia
2.	Relationship: Government – National Sports Association – HP Sports Centre
3.	Leadership
4.	Sports Integrity
5.	Paralympic Sports
6.	Major Games <ul style="list-style-type: none">- Review on Tokyo 2020 Summer Olympic Games- Update on Beijing 2022 Winter Olympic Games
7.	Sports Technology
8.	Athlete Development
9.	Collaboration and Teamwork

List of Speakers

1. Chairman or member of Board of Directors of ASPC
2. Representative from the Home Affairs Bureau of the HKSAR
3. Representative from the General Administration of Sport of China
4. President or Chairman from one local National Sports Association
5. Director of Elite Training Science & Technology of the HKSI
6. Chair of ASIA
7. Head Coach from one of the Elite Sports in the HKSI
8. Representative from the Tokyo 2020 Summer Olympic Games Organising Committee
9. International speaker for Paralympic Sports or Athletes Development
10. One local Paralympic medallist

BUDGET

Based on 150 Delegates

	HK Dollars	US Dollars (1 USD = 7.7 HKD)
Opening Reception	12,000	1,600
Closing Banquet with a Cultural Sharing Event	80,000	10,400
Lunch and Coffee Breaks	102,000	13,300
Local Transportation	31,600	4,100
Webpage Development	20,000	2,600
Marketing (logo design and e-publication)	10,000	1,300
For Speakers		
Accommodation	27,000	3,500
Air Tickets	64,000	8,300
Meals	34,000	4,500
Venue and Facilities		
Venue Decoration	20,000	2,600
Forum Venue	288,000	37,400
Meetings Facilities	72,000	9,400
WiFi service	Sponsored by the HKSI	
Other Expenses	3,500	500
Contingency	37,000	5,000
Total: (round to nearest thousand)	803,000	105,000

LEGACY

Organising the 2021 Forum in Hong Kong will have a positive impact on the sports development and elite sports training in the city and the Asian region. We will communicate with relevant stakeholders and sports associations to gain their support to attend the Forum.

With well-developed sports facilities, the HKSI is an ideal location for training camps. We hope that showcasing our facilities can attract more international sports teams to receive training at the HKSI, contributing to building partnership with different countries in elite sports training and sport sciences projects, as a result, to foster a long-term collaboration in exchange programmes. This would certainly benefit both visiting teams and local athletes.

RELATED ACTIVITIES

Sports Events in Hong Kong Tentatively Scheduled to be Held in October

Hong Kong Cyclothon

The Hong Kong Cyclothon is a mixture of amateur and professional races and rides, which allow participants to push themselves to the utmost or enjoy the city's scenery on long, leisurely rides, while locals and visitors alike cheer on competitive cyclists from around the world and kick back at a fun-filled carnival.



Hong Kong Tennis Open

The Hong Kong Tennis Open is a WTA-sanctioned international series event and one of the stops on the WTA Asian swing. Every year, more than 50 of the world's best female players take part in the event to compete in singles and doubles for prize money at the iconic Victoria Park Stadium in the heart of the city.

Harbour Race

The Cross Harbour Race sees about 1,000 contestants swim 1.8 km across the iconic Victoria Harbour. The event has historical significance as it was held annually from 1906 to 1979, when it was suspended. It was resumed in 2011, bringing back happy memories for many locals and promoting the sport of swimming.



Top 3 Attractions in Hong Kong

The Peak

The Peak, the highest point on Hong Kong Island, is one of the most popular attractions in Hong Kong. You should visit the Peak by riding the Peak Tram, which is a visual experience in its own right — Hong Kong Island's skyscrapers slide past your window at what appear to be impossible angles as you make the ascent to the Peak on the city's historic, funicular railway.

By day your eyes stretch across sparkling skyscrapers and the Victoria Harbour all the way to the green hills of the New Territories. In early evening this panorama melts into pink and orange before reincarnating as a dazzling galaxy of light, shimmering beneath you.



Ngong Ping 360



As you step out of the cable car, you will be greeted by the culturally themed 1.5-hectare Ngong Ping Village, where a wide array of shops and eateries offer a delightful shopping and dining experience. The renowned Big Buddha, Po Lin Monastery, Ngong Ping Piazza and Wisdom Path are only a five-minute walk from Ngong Ping Village.

Stanley

Visitors come for the popular Stanley Market; a warren of clothing, accessories and handicrafts; as well as the bright and airy Stanley Plaza. You can also mix sightseeing with shopping by visiting Old Stanley Police Station, a Declared Monument that also serves as a supermarket.

Shopping here is well-complemented by cooling ocean breezes, views of the South China Sea, pubs and watering holes, and a great choice of local and international food.



LETTERS OF SUPPORT

1. Commissioner for Sports of the Home Affairs Bureau of the HKSAR **(To be provided in August 2019)**
2. Honorary Secretary General of the Sports Federation & Olympic Committee of Hong Kong, China **(To be provided in August 2019)**
3. General Secretary of Hong Kong Paralympic Committee & Sports Association for the Physically Disabled **(To be provided in August 2019)**
4. Vice President for Asia of the ASPC **(Appendix)**
5. Chair of the ASIA **(Appendix)**
6. The Hong Kong Tourism Board **(Appendix)**

4. Letter of support from Vice President for Asia of the ASPC

26 July 2019

Mr. Dale Henwood
President of Association Sport Performance Centres
c/o Centre d'Alt Rendiment (CAR)
Av. Alcalde Barnils 3-5
08174 Sant Cugat del Vallès
Barcelona, Spain

Dear Mr. Henwood,

**Hong Kong Sports Institute bid for the hosting of
12th International Forum on Elite Sport 2021**

As the Asian Continental Vice President of the Association of Sports Performance Centres (ASPC), I write to support the bid to be submitted by the Hong Kong Sports Institute (HKSI) for hosting the 12th International Forum on Elite Sport 2021 in Hong Kong.

The HKSI is one of our long-standing members from Asia. It has been playing an active role in fostering best practices in the area of long term Asian athlete development through collaborations with many high performance sports organizations in the region. The HKSI has rich experience in hosting and organizing symposiums and conferences in collaboration with international sports organizations including the Association of Sports Institute in Asia. I am confident it could successfully host the 12th International Forum on Elite Sport 2021 in Hong Kong.

Yours sincerely,



Takeshi Kukidome
Vice President for Asia
Association of Sports Performance Centres

5. Letter of support from Chair of the ASIA

26 July 2019

Mr. Dale Henwood
President of Association Sport Performance Centres
c/o Centre d'Alt Rendiment (CAR)
Av. Alcalde Barnils 3-5
08174 Sant Cugat del Vallès
Barcelona, Spain

Dear Mr. Henwood,

**Hong Kong Sports Institute bid for the hosting of
12th International Forum on Elite Sport 2021**

On behalf of the Association of Sports Institute in Asia (ASIA), I write to support the bid to be submitted by the Hong Kong Sports Institute (HKSI) for hosting the 12th International Forum on Elite Sport 2021 in Hong Kong.

The mission of ASIA is to foster the best practices in the area of long term Asian athlete development through a comprehensive model of collaboration, exchange of expertise and networking opportunities for administrators of high performance across all of Asia. The HKSI, one of the founding members of ASIA, have been making a very positive contribution to the mission. The HKSI hosted the 2nd ASIA Congress and 1st Annual General Meeting in 2017. The event was a great success. We are confident the HKSI could successfully host the 12th International Forum on Elite Sport 2021 in Hong Kong.

One of the objectives of ASIA is to set up a platform for sharing and exchanging knowledge and expertise in relation to high performance training. We would welcome the opportunity for the HKSI to host the 12th International Forum on Elite Sport 2021 in Asia, which would enhance east-meets-west exchange of experience and ideas between regional sports leaders and international counterparts.

Yours sincerely,



Takahiro Waku
Chair
Association of Sports Institute in Asia

6. Letter of support from the Hong Kong Tourism Board



11 July 2019

Mr Dale Henwood
President of Association Sport Performance Centres
c/o Centre d'Alt Rendiment (CAR)
Av. Alcalde Barnils 3-5
08174 Sant Cugat del Vallès
Barcelona, Spain

Dear Mr Henwood

Hong Kong's bid for the 12th International Forum on Elite Sport 2021

I am writing to convey the full support of the Hong Kong Tourism Board (HKTb) to Hong Kong Sports Institute's bid to host the 12th International Forum on Elite Sport in Hong Kong in 2021.

Often dubbed "The World's Meeting Place", Hong Kong offers a comprehensive range of support services and experienced experts to ensure the successful execution of any event. These offerings are further complemented by world-class infrastructure and connectivity, as well as purpose-built meeting and convention facilities, making the city one of the most popular destinations for meetings, incentive trips, conventions and exhibitions in Asia-Pacific.


Our strong track record of hosting international cultural and sports conferences includes the International Basketball Federation (FIBA) Mid-Term Congress 2017, Asia Yoga Conference 2018 and the Asia Horse Week 2019. In addition, a superb line-up has been confirmed for the coming year such as the 19th International Handbell Symposium and the International Urban Sketchers Symposium in 2020 – all of which add up to a powerful vote of confidence in Hong Kong as a world-class conference and exhibition destination.

We have full confidence that every delegate at the event will be impressed by our warm and welcoming hospitality and professional service during their stay in Hong Kong, and we

sincerely hope Hong Kong will be given the opportunity to welcome the 12th International Forum on Elite Sport and its delegates in 2021.

If you need any assistance in the meantime, please do not hesitate to contact my colleague Ms Vicky Pang (tel: 2807 6139; email: vicky.pang@hktb.com).

Yours sincerely



Kenneth Wong
General Manager, MICE & Cruise and
Regional Director, Europe