



FTEM Switzerland

Framework for Sport and  
Athletes Development

January 2018  
Magglingen

Bild: Keystone

National Supporter

Leading Partners











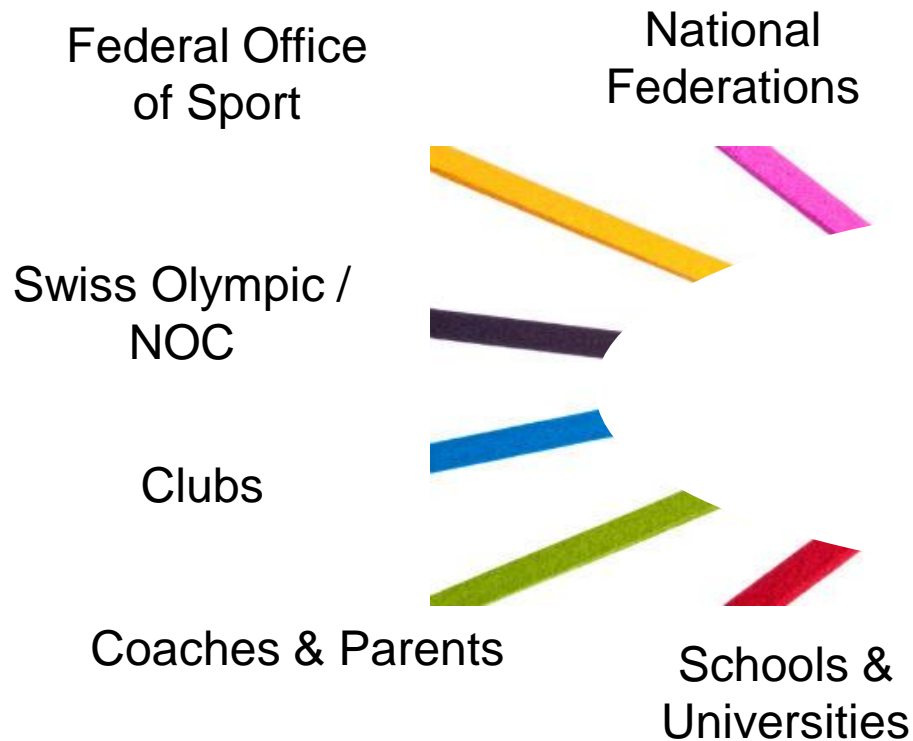
# Expected added value

- Sporting development becomes comprehensible, controllable and can be optimised in all spheres (popular sport and competitive sport).
- Consistent implementation of the framework should lead to optimisation of communication, coordination, support and training of all those involved in Swiss sport.
- The framework helps to recognise potential and reappraise weaknesses.

# «FTEM Switzerland» pursues three main objectives

1. Improve coordination and systematology of the promotion of sport
2. Raise standard in competitive sport
3. Keep people in sport throughout their lives

# Alignment and collaboration



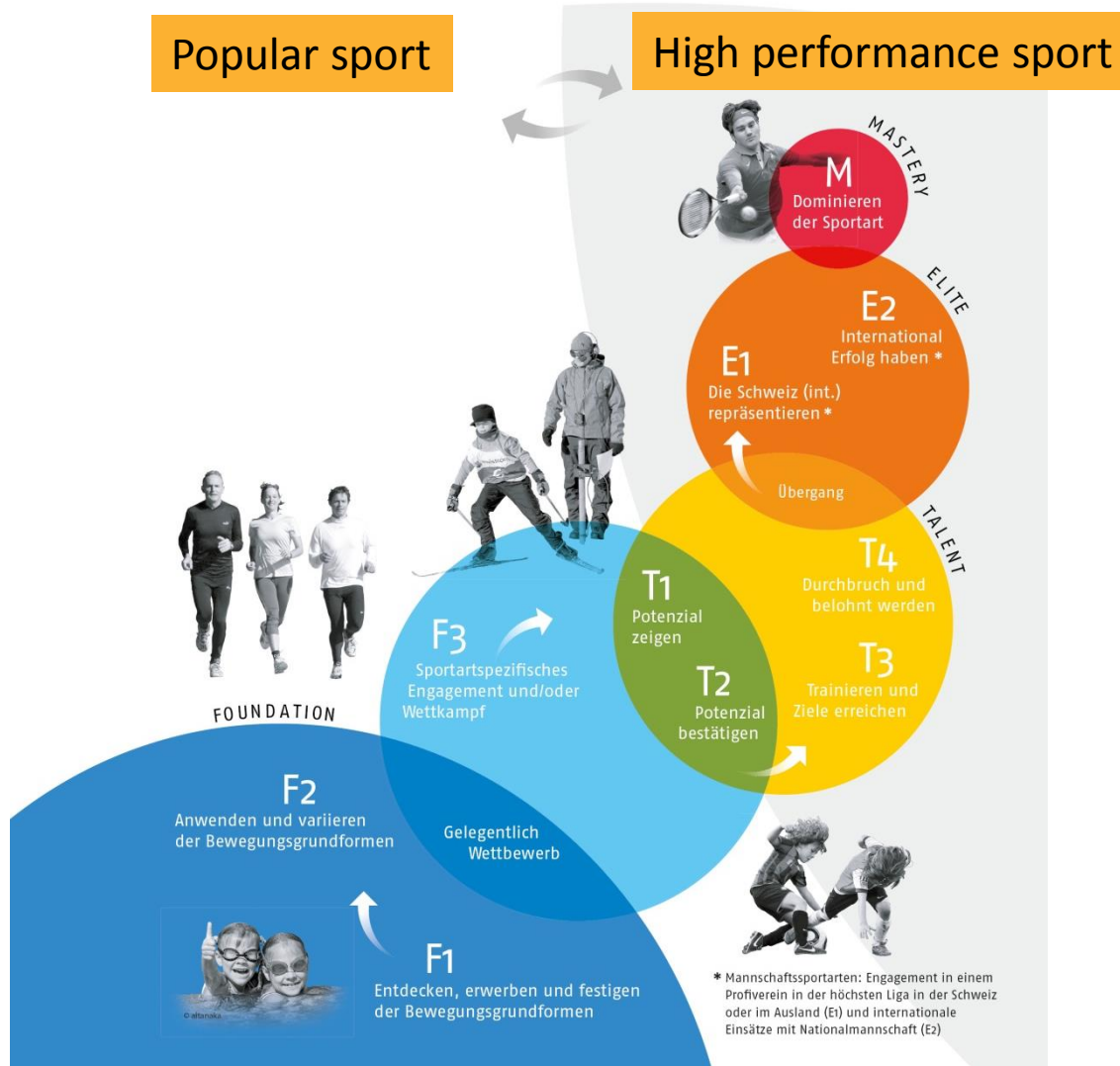
# Overview of the ten phases of «FTEM Switzerland»

The four key spheres of «FTEM Switzerland» are:

- **F for Foundation (foundation, bases, grass roots)**
- **T for Talent**
- **E for Elite**
- **M for Mastery (world class)**

These four key spheres are divided into ten phases (F1, F2, F3, T1, T2, T3, T4, E, E2, M). Based on needs specific to each type of sport, phases may be added, removed or even renamed.

# Overview 10 Phases



# Particular features of «FTEM Switzerland»

- «FTEM Switzerland» is **independent of the type of sport** and, because of that, can serve as a basis for individual, team or group sports.
- «FTEM Switzerland» is designed in such a way that it can be **broken down into individual types of sport** and, from that, becomes «FTEM Cross-Country Skiing», «FTEM Handball» or «FTEM Fencing».

# Particular features of «FTEM Switzerland»

- «FTEM Switzerland» provides for the **linking of competitive sport and popular sport** and attaches great importance, in particular, to the conscious and active **management of the interfaces** and transitions between the various instruments, measures and institutions.
- «FTEM Switzerland» links types of sport with each other and provides the basis for any consciously encouraged **moves** from one type of sport to another.



# Particular features of «FTEM Switzerland»

- «FTEM Switzerland» is aimed at **all age brackets**. With the exception of competitive sport where certain age limits are specified for specific types of sport, divisions based on age are pushed into the background. What is decisive is the respective development segment that the athlete is in.

# Particular features of «FTEM Switzerland»

- «FTEM Switzerland» is structured in a linear way and subdivided into phases, but also takes into consideration the possibility that, in the course of their sporting career, athletes may move **up and down or across** phases, **go through** phases **at different speeds, get back into a sport** in a lower phase or even **change back and forth** between popular sport and competitive sport.

# How is «FTEM Switzerland» put into practice?

Instruments to implement the framework as consistently as possible in the world of Swiss sports:

1. Basic brochure «FTEM Switzerland» with general survey of the four key spheres F, T, E and M

# How is «FTEM Switzerland» put into practice?

## 2. Instruments specific to target groups

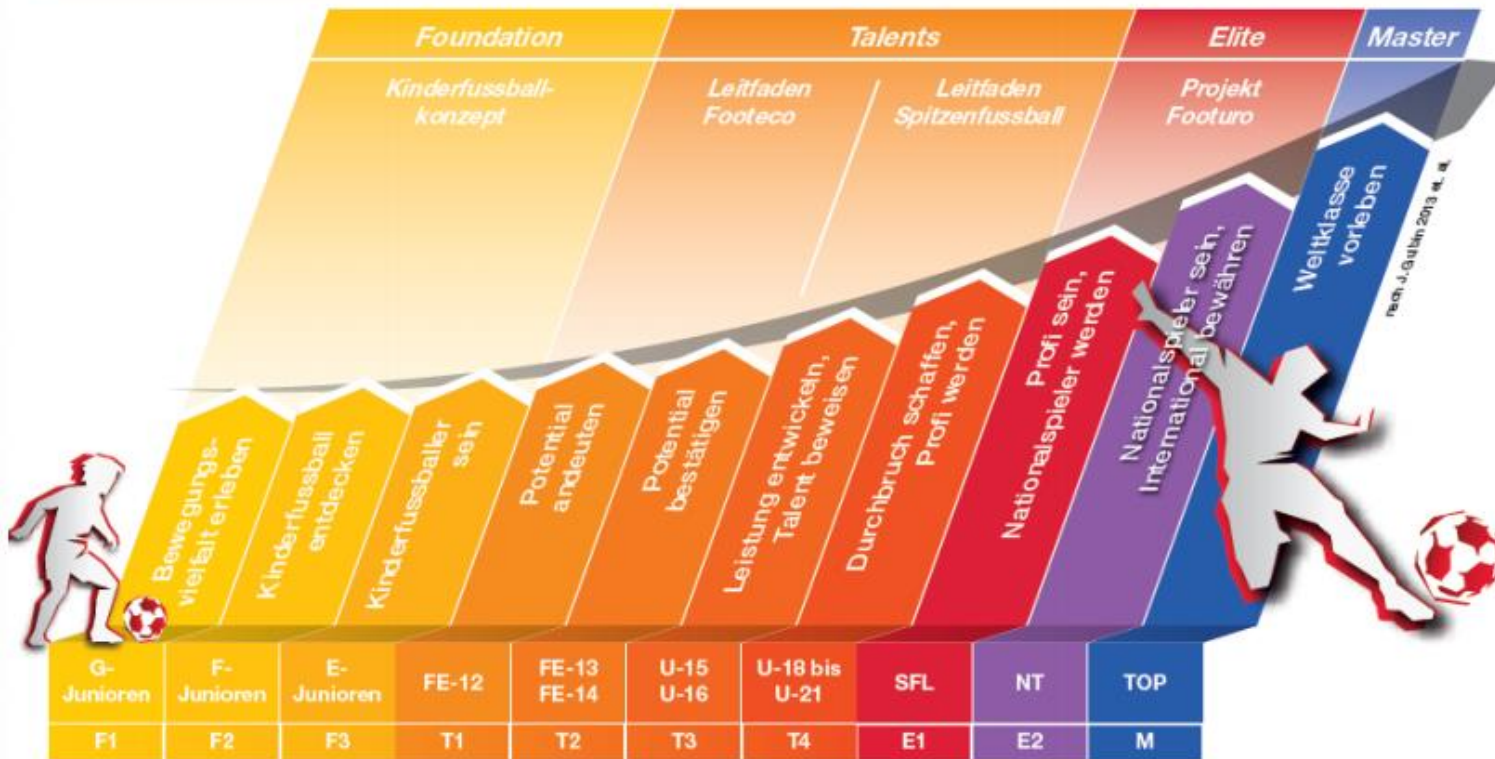
- Planning documents for drawing up and further developing the concepts of promoting sports in the spheres of popular and competitive sport
- Training documents for the initial and advanced training of coaches
- Brochure for parents
- Documents for schools
- Tools for career planning
- etc.

# How is «FTEM Switzerland» put into practice?

3. Data bank of documents and information available online, with best practice examples from the world of Swiss and international sport in the sphere of promoting sport for each FTEM phase.
4. Sport check: Analysis of the potential of sport and athlete development for sports federations

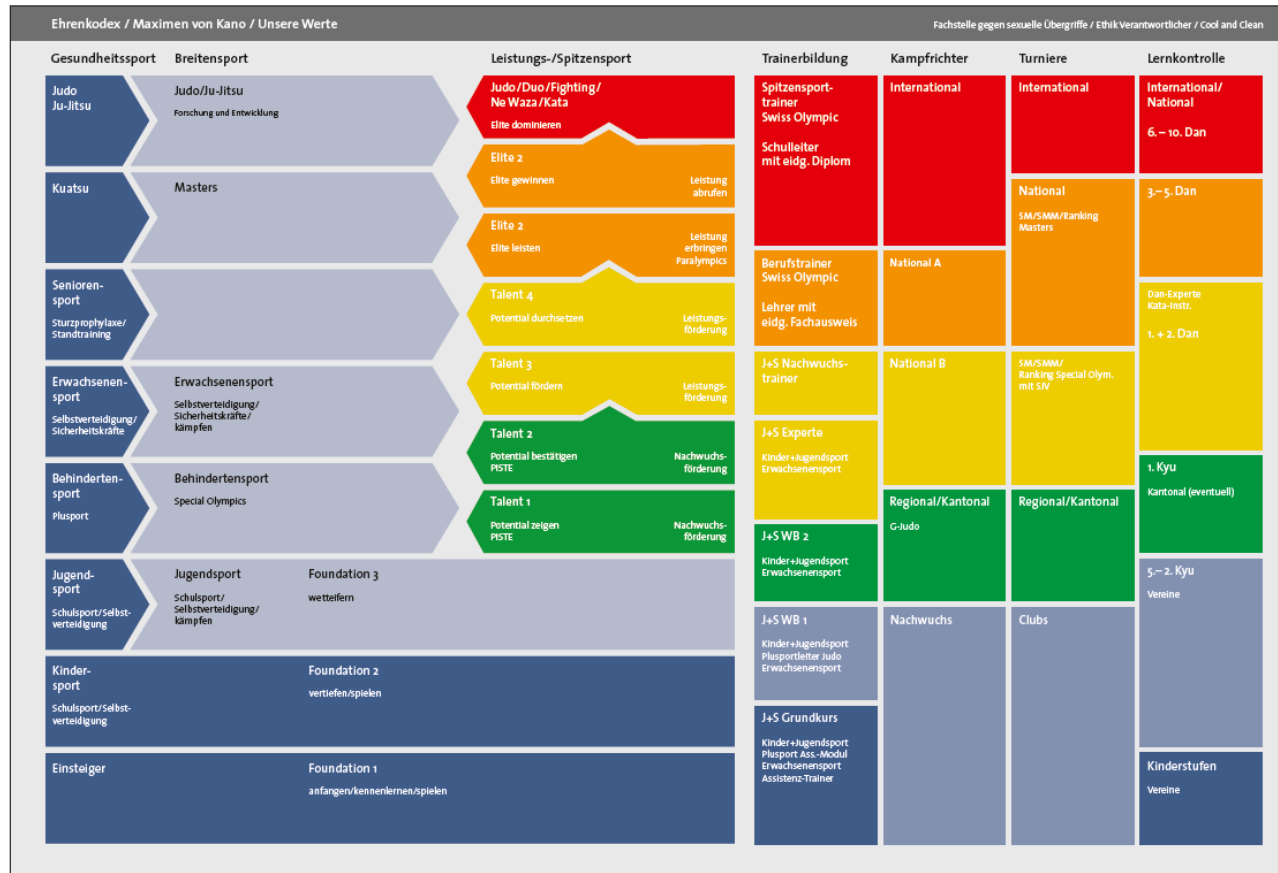
Questions?

## Athletenentwicklung in der SFV Nachwuchsförderung



# Swiss Judo & Ju-Jitsu Federation

GAK SJV Übersicht anhand des FTEM Modell nach Gulbin





## FTEM Swiss Swimming Ausbildung

