

ASPC European Forum 2016

THE CENTRE OF THE CENTRES: THE ATHLETE

SCHEDULE

4th October Tuesday

14.00 – 17.30 h Accreditation

17.30 – 18.30 h Visit to CAR facilities

18.30 – 19.00 h Welcome and presentation of ASPC European Forum

*Óscar Graefenhain de Codes, General Director Spanish Council of Sports
Tapio Korjus, Vicepresident Europe ASPC*

19.00 – 19.45 h SPC and Media

Round table with journalists

19.45 – 20.30 h Spanish evaluation of 2016 Olympic Games

Luis Villanueva, Adjoin Deputy Director Performance Programmes at CSD

20.30 – 21.30 h Dinner at CAR Sierra Nevada

5th October Wednesday

8.00 – 9.00 h Breakfast

9.00– 9.45 h Sport marketing and events' organization

*Ignacio Valenzuela, Marketing Director Sierra Nevada Ski Resort and Lucía Muñoz-Repiso,
Deputy Director of the General Secretary at CSD*

9.45 – 10.45 h Spanish SPC System

Fernando Iserte, Senior Project Manager at CSD

10.45- 11.15 h Coffee break

11.15 – 12.00 h Agenda 2020: Athlete entourage

Rebecca Wardell, Senior Project Manager at International Olympic Committee

12.00 – 12.45 h Spanish evaluation of Paralympic Games and Paralympic Athletes in SPC

Cesar Carlavilla, Senior Project Manager ADOP at Spanish Paralympic Committee

13.00 – 14.30 h Lunch time

14.30 – 14.50 h Presentation of Gold in Education and Elite Sport Program (Research program founded by the European Union's Erasmus + Sport Program about Education and Performance Sport in Europe)

Ingrid Van Gelder, Papendal CTO

14.50 – 15.10 h Finish Dual Career Program

Simo Tarvonen, Sport Director of the Finnish Olympic Committee

15.10 – 15.40 h Other Dual Career Programs

Short presentations about different models: Ana Ruth Dóminguez PROAD CSD, Susana Reguela CAR Sant Cugat and Hans Holdhaus IMSB Austria

15.40 – 16.00 h Coffee break

16.00 – 17.30 h Discussion about Dual Career

Round table moderated by the speakers

17. 30 h Departure to Granada for Cultural Programme

Granada guided tour and Gala dinner at Sacromonte (famous for its flamenco caves)

6th October Thursday

8.00 – 9.15 h Breakfast

9.15– 9.40 h CAR Sierra Nevada general presentation

Jesús del Barrio (Head of Architecture, CSD) and Alfonso Sánchez (Deputy Director CAR Sierra Nevada, CSD)

9.40 – 10.20 h Altitude training and practical solutions

Carmen Calderón (Head of the Medical Department CAR Sierra Nevada, CSD)

10.20 – 10:30. Performance Analysis Department. Brief Presentation

Blanca de la Fuente (Head of Performance Analyses Department CAR Sierra Nevada, CSD)

10:30 – 11:10. Performance Analysis. Practical Session: Smartcoach PRO & Exentrix Hydro

(Marco Pozzo. CEO Smartcoach Europe)

11:10 – 11:30 h Coffee break

11:30 – 12:20h. Performance Analysis. Practical Session: Optojump System & WittySem

(Federico Gori. CEO Microgate Italy)

12.20 – 13.00 h La vuelta: 3.000 people, 3.000 kilometers, 21 days.

Javier Guillén, CEO La Vuelta cyclist tour and Fernando Escartín, Technical Director La Vuelta cyclist tour

13.00 – 14.30 h Lunch time

14.30 – 15.15 h Athlete and coach: Needs and hopes

Fred Vergnoux (Spanish Federation coach and 5 different countries best coach of the year) coach of Mireia Belmonte, four Olympics medals

15.15 – 16.00 h ASPC meeting

16.15 h Cultural programme

Guided visit to Alhambra Palace and going on Tapas Tour.

7th October, Friday

8.00 – 9.00 h Breakfast

9.00 – 9.30 h Experience in SPC

Marcus Cooper (Olympic Champion K1 1000) and his coach Luis Brasero

9.30– 10.00 h New ASPC centres presentation

Short presentation of the new members of the ASPC about where, why and who they are

10.00 – 11.00 h Interactive session

Round table of discussion about topic we propose to them

11.00 – 11.30 h Conclusion and closing

12.00 h Departure