



PRODUCTS

MTC DOME NAMIBIA

Unleash your true potential

A world-class, multi-purpose and multi-discipline one-stop centre for sport, business and leisure.





ABOUT

MTC DOME NAMIBIA

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A word-class, multi-purpose and multi-discipline one-stop centre for sport, business and leisure.

The MTC Dome Namibia is the largest and most versatile indoor event location in the country. The surrounding area of the MTC Dome makes provisions for many different types of events, including; sports tournaments and other festivities.

The Indoor Sports Centre (ISC) is at the heart of the MTC Dome Namibia. With its 6177 sqm in size, it is by far the largest indoor hall Namibia has to offer. The ISC is furnished with all possible needed amenities, such as; bathrooms, changing rooms, shower facilities, technical rooms and elevated decks (that add a unique view over the hall and all its activities). It was designed to be diverse and the set up can be changed to cater for all types of needs.

Depending on the size and layout the client envisages, our team can clear the entire area of loose equipment for your event. This allows for a maximum of 6000 people standing and 4000 people seated.

On the 2nd floor, you will find the High-Performance Training Centre (HTC). It is a place where people are inspired to achieve milestones, get their bodies into shape and live a healthy lifestyle.

The MTC Dome Hotel is situated on Namibia's coastline between the shore of the Atlantic and the Namib Desert. It caters for sports groups, business and leisure. Conveniently located just minutes from the CBD, the MTC Dome Hotel and state-of-the-art conference centre, offers modern and stylish facilities.

At the top of the MTC Dome, you will find the Conference Centre. It takes up the 4th and 5th floor and is a unique venue. The only one of its kind in Namibia.

The MTC Dome also contains 2 in-house restaurants; The Taste Coffee and Dome Restaurant and the On Deck Pizza and Cocktails. Providing a variety of menu options.

Equal Value
"We have equal worth, different journeys..."

Authenticity
"My uniqueness is my power..."

Serve
"How can I help..."

Ownership
"I own my space..."

THE DOME WAY

Contact Conni Lyners Mendes at bookings@thedomenamibia.com for more information.



FACILITIES

MTC DOME NAMIBIA

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WORLD-CLASS SPORT FACILITIES

- High-Performance gym
- A sports science gym with biokinetics and medical services
- A 25m heated indoor pool
- All trainers are qualified
- Outdoor facilities: cricket, rugby, soccer, netball, volleyball, and tartan athletic track.



INDOOR SPORTS CENTRE (6,200m²)

- Volleyball, inline & indoor hockey, gymnastics, rhythmic gymnastics, indoor soccer, boxing, wall-climbing, karate, table tennis, basketball, and netball
- Movable pavilions
- Flexible deployment of sporting facilities for training, team building and competitions



CONFERENCE AND MEETING FACILITIES

- Hosting any event up to 600 pax
- Swakop room (850m²) and 6 meeting rooms
- Conference equipment and services
- Local and international events, expos, weddings or any indoor activity



FULL HOSPITALITY SERVICES

- 34 Sea and Dome facing rooms, work stations
- Individual and team accommodation, in-house dining
- Catering, functions, events

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ISC

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INDOOR SPORTS CENTRE



INDOOR SPORTS
CENTRE (6,200m²)



Wall-climbing



Karate



Indoor Hockey



Inline Hockey



Volleyball



Rhythmic
Gymnastics



Gymnastics



Badminton



Boxing



Table Tennis





HTC

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HEALTH AND TRAINING CENTRE



WORLD-CLASS SPORT FACILITIES

The MTC Dome High-Performance Training Centre is located on Level 2 of The Dome. With a 25 meter indoor heated pool, highly qualified staff and a truly unique and fun environment you can't help but succeed at your health and training goals.

We offer the following facilities and services;

- Specialized Strength equipment
- Electric Isokinetic Machines
- Cardio Machines
- 25m Heated Indoor Swimming Pool
- Stretching circuit Equipment
- Spinning and Indoor Cycling Studio
- Medical - Sports Science Department
- Physiotherapy, Biokinetics, Dietitian
- Rehabilitation Centre
- Training for athletes with disabilities
- International and National Qualified Trainers
- Development Sport Coaching
- Elite Sport Coaching
- Personal Training
- Group Training
- Functional Training
- Strength and Conditioning
- High-Performance Testing
- Nutritional Programme

* Please contact us for more information and rates.



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CB

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CONFERENCE BUREAU



CONFERENCE AND MEETING FACILITIES

The conference centre is situated on levels 4 and 5 of the MTC Dome Namibia. It is a unique venue in many aspects and is designed in such a way to provide a wide array of solutions for business, sporting events and everything in between.

The Swakop Room is at the heart of the conference centre and can provide seating for up to 600 people. With various arrangement styles, we can cater for any event big or small.

Surrounding the Swakop room is 6 meeting rooms (ranging in size) as well as breakaway areas for serving food or for exhibition stands and some of the boardrooms even offer a unique view of the Atlantic Ocean.

All the boardrooms are equipped with the most modern equipment available and our conference team can source equipment if we don't already have it.

To the northern side of the Conference Centre is an outside deck, with two fully-equipped bars, enough space for 350 people, bathroom facilities and a stage for entertainment. We can even provide an optional open or closed roof environment, perfect for any occasion.

*** Please contact us for rates and more information.**



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HOTEL

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HOSPITALITY SERVICES



FULL HOSPITALITY SERVICE

We offer boutique accommodation in a modern setting. Our personalised service comes standard, whether you stay with us for business or leisure, as an individual traveller or family, or as part of a larger sports or corporate group. Accommodation packages are tailor-made to meet guests' specific needs.

The MTC Dome Hotel is conveniently located within walking distance from the beach and centre of town, with spectacular views of Swakopmund and the ocean. Our attentive staff will gladly assist to make sure you do not miss out on any of the breathtaking sights, thrilling activities and inspiring experiences in and around Swakopmund.

Our stylishly designed 34 rooms offer ample space with free Wi-Fi, selected TV channels and in-room coffee and tea facilities. The dome facing rooms offer you a front-row seat to all the action at the Indoor Sports Centre, ideal for the sports enthusiast. While the sea-facing rooms guarantee one of Namibia's famous sunsets over the Atlantic Ocean. Guests are welcome to make use of our workstations and chill areas. A laundry service is available on request.

*** Please contact us to make your reservation.**



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BP

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BUBBLE PACKAGES



WHAT IS THE BUBBLE?

The MTC Dome Bubble is a one stop facility with a controlled environment whereby groups, teams and elite athletes, could break away from the outside world and zoom in on their focus.

Within the Bubble, all your needs can be met, including; accommodation, meals at both restaurants, conferencing, training facilities, sports rehabilitation, relaxation, excursions, sport science services and assessments, and strength and conditioning.

THE BENEFITS

There is no need to contact an endless list of providers to find the correct facilities and locations for your retreat. You have one person of reference and the rest is sought after.

Once you have arrived at the MTC Dome there is no need to travel back and forth to various locations, making your general logistics a breeze.

The MTC Dome Namibia is conveniently located only 30 minutes from the nearest airport.

OUR DESIGN

The MTC Dome has 6 levels to serve the sport, business and leisure community in a Bubble sphere, including;

- Indoor Sports Centre
- An expansive Conference Centre
- MTC Dome Hotel
- MTC Dome Health and Training Centre
- Indoor heated swimming pool
- Biokinetics
- A Spa
- Pitstop Sport Bar
- Lecture rooms
- Taste Coffee Shop
- On Deck Pizza and Cocktail Restaurant
- Dome Restaurant and Dining Hall
- Calorie Specific Nutritional Menu Packages
- A Children's play centre