

# INSIDE NEWS



Swimming: Gold 4 x 100m freestyle (France)



Swimming: Silver 4 x 200m Freestyle (France)



Swimming: Bronze 4 x 100m Relay (France)



Nijel Amos: Silver 800m track (Botswana)



Betty Heidler: Bronze Hammer (Germany)



Robert Harting: Gold Discus (Germany)



Gerd Kanter: Bronze Discus (Estonia)

## Friends of the hpc perform at the 2012 Olympics



Yannick Agnel: Gold 200m freestyle (France)



Camille Muffat: Gold 400 Freestyle Silver 200m Freestyle (France)



Gerasimenya Aleksandra: 2 silver 50 & 100m Freestyle (Belarus)



**The Tuks/hpc 10th anniversary Night Race** took place on 19 September and was in honour of Lester Mills



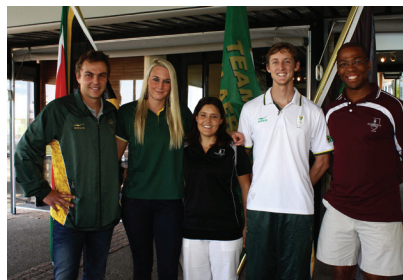
TuksSport High School Learners at the Night Race



The **hpc internal function** to congratulate the 2012 Olympic Medalists was held on 21 August 2012



The **Sports Science and Medical Unit (SSMU)** of the hpc and University of Pretoria held a discussion on how dedication and innovation contributed to Olympic glory - gold, silver and bronze medals. They took a look at roles and practices that influenced the coach, scientist and athletes. Presentations were Karen Prinsloo (athlete), Roger Barrow (coach), and Jimmy Clark (Sports Scientist).



## TuksGolf Academy



Hpc sponsored Golfer, Zander Lombard came second in the NKANGALA MINING MGU STROKEPLAY 2012 at Graceland Country Club: 7-9 September 2012



Stephen Allen, grade 11 learner at the TuksSport High School won the James Kingston Junior Tournament at Rustenburg Golf Club



TuksSport High School successfully defended their title" at the St John's College Annual international golf tournament.



TuksSport High finished 5<sup>th</sup> in the Retief Goosen National High Schools Championship, that took place from 23 – 24 September 2012 at the Country Club Johannesburg Rocklands Course.