



ASPC CONTINENTAL
FORUM
OF THE AMERICAS
PERFORMANCE CENTRES
ON ELITE SPORTS
GUATEMALA 2026

OFFICIAL PROGRAM

ASPC CONTINENTAL FORUM OF THE AMERICAS
PERFORMANCE CENTRES ON ELITE SPORTS
GUATEMALA 2026





WELCOME

It is an honor to welcome you to the ASCP Continental Forum of the Americas Performance Centres on Elite Sports.

This forum represents a unique space to share knowledge, drive innovation, and strengthen collaboration among high-performance centers across the continent.

Together, we are building the future of sport in the Americas.

ASCP CONTINENTAL FORUM OF THE AMERICAS

PROGRAM FOR DAY

TUESDAY 6th

- 14:00 - 19:00 ● Participant Registration
Delivery of Accreditations and Forum Materials
- 17:00 - 19:00 ● Welcome - Networking
Informal space for initial interaction among participants
Cocktail included

WEDNESDAY 7th

Mental Health, Athlete Development and International Cooperation

- 9:00 - 9:30 ● Welcome Coffee
- 9:30 - 10:00 ● Official Opening
Welcome remarks and Forum objectives
- SESSION 01
 - 10:00 - 11:00 ● Mental Health
The Mental Edge: Where Performance Meets Well-being
 - 20 minutes ● Heidi Malo - National Institute of Sports Quebec
 - 20 minutes ● Maria Loreto Gonzalez - Chilean Olympic Committee
 - 20 minutes ● Panel discussion
 - 11:00 - 11:30 ● Coffee break
- SESSION 02
 - 11:30 - 12:30 ● High Performance Athlete Development
Winning by Design: How High Performance Systems Deliver Results
 - 20 minutes ● Ryan Atkinson - CSI Ontario
 - 20 minutes ● Debbie Low - CSI Ontario
 - 20 minutes ● Panel discussion
Waleska Soto OLY - Athletes perspective
 - 12:30 - 13:00 ● Dynamic interaction / Transition
 - 13:00 - 14:30 ● Lunch & Networking
- SESSION 03
 - 14:30 - 15:30 ● International Cooperation
Partnerships that Win: The Power of International Cooperation in Sport
- FINAL ACTIVITY
 - 15:30 - 16:00 ● Interaction activity
Round tables with conferencist to exchange information
 - 15:30 - 16:00 ● ASPC AMERICAS MEETING
Planned Visits
 - 16:00 ● Departure to CENAD (Sports Performance Center)
 - 17:30 ● Visit to Sport Museum
Cocktail at the Sport Museum Zone 4
(Participants to various restaurants)

THURSDAY 8th

Applied Sciences, Technology and Innovation, High-level Sports Events

9:00 - 9:30 ● Welcome coffee

SESSION 04

9:30 - 10:30 ● Applied Sciences

One Team, One Goal: Integrating Science, Coaching and Performance

20 minutes ●

Dr. Alberto Garrido - Autonomous University of Nuevo León UANL

20 minutes ●

Jordi Ferré - Kamleon

20 minutes ●

Panel discussion

10:30 - 11:00 ●

Coffee Break

SESSION 04 SIMULTANEOUS

9:30 - 10:30 ● Barriers for Women in coaching and leadership in sports
Breaking Barriers: Redefining Leadership Pathways for Women in Sport

20 minutes ●

Lorraine Lafreniere - Coaching Association of Canada

20 minutes ●

Mariana Vieira de Mello - Brazilian Olympic Committee

20 minutes ●

Panel discussion

10:30 - 11:00 ●

Coffee Break

SESSION 05

11:00 - 12:00 ● Technology and Innovation

The Future of Performance: Technology, Data and Competitive Advantage

20 minutes ●

Mounir Zok - N3XT Sport

20 minutes ●

María Puig - Eleiko

20 minutes ●

Panel discussion

12:00 - 12:30 ●

Dynamic interaction / Transition

12:30 - 14:00 ●

Lunch & Networking

SESSION 06

14:00 - 15:00 ● High Level Sports Events

Beyond the Games: Building Legacy Through High Performance Events

Guatemala - 2025 Central American Games

Brazil - 2016 Olympic Games

FINAL ACTIVITY

15:00 - 15:30

Round tables with conferencist to exchange information

CLOSING CEREMONY

15:30 - 16:00 ●

Reflexion and Forum Summary

●

Awards Ceremony

●

Official Photograph

FINAL ACTIVITY

16:30 ●

Departure to Cayalá / Space for Interaction / Walk and visit

18:30 ●

Official Dinner

FRIDAY 9th

Tour Activity

Service provided by a Travel Agency
Each participant arranges their own tour

