



ASPC CONTINENTAL  
**FORUM**  
OF THE AMERICAS  
PERFORMANCE CENTRES  
ON ELITE SPORTS  
**GUATEMALA 2026**

# OFFICIAL PROGRAM

ASPC CONTINENTAL FORUM OF THE AMERICAS  
PERFORMANCE CENTRES ON ELITE SPORTS  
GUATEMALA 2026





# WELCOME

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It is an honor to welcome you to the ASCP Continental Forum of the Americas Performance Centres on Elite Sports.

This forum represents a unique space to share knowledge, drive innovation, and strengthen collaboration among high-performance centers across the continent.

Together, we are building the future of sport in the Americas.

ASCP CONTINENTAL FORUM OF THE AMERICAS

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# PROGRAM FOR DAY

## TUESDAY 6th

- 14:00 - 19:00 ● Participant Registration  
Delivery of Accreditations and Forum Materials
- 17:00 - 19:00 ● Welcome - Networking  
Informal space for initial interaction among participants  
Cocktail included

## WEDNESDAY 7th

### Mental Health, Athlete Development and International Cooperation

- 9:00 - 9:30 ● Welcome Coffee
- 9:30 - 10:00 ● Official Opening  
Welcome remarks and Forum objectives
- SESSION 01**
  - 10:00 - 11:00 ● Mental Health  
The Mental Edge: Where Performance Meets Well-being
    - 20 minutes ● Heidi Malo - National Institute of Sports Quebec
    - 20 minutes ● Maria Loreto Gonzalez - Chilean Olympic Committee
    - 20 minutes ● Panel discussion
  - 11:00 - 11:30 ● Coffee break
- SESSION 02**
  - 11:30 - 12:30 ● High Performance Athlete Development  
Winning by Design: How High Performance Systems Deliver Results
    - 20 minutes ● Ryan Atkinson - CSI Ontario
    - 20 minutes ● Debbie Low - CSI Ontario
    - 20 minutes ● Panel discussion  
Waleska Soto OLY - Athlete perspective
  - 12:30 - 13:00 ● Dynamic interaction / Transition
  - 13:00 - 14:30 ● Lunch & Networking
- SESSION 03**
  - 14:30 - 15:30 ● International Cooperation  
Partnerships that Win: The Power of International Cooperation in Sport
- FINAL ACTIVITY**
  - 15:30 - 16:00 ● Interaction activity  
Round table discussion with speakers for knowledge exchange
  - 15:30 - 16:00 ● ASPC AMERICAS MEETING  
Planned Visits
  - 16:00 ● Departure to CENAD (Sports Performance Center)
  - 17:30 ● Visit to the Sport Museum  
Cocktail at the Sport Museum Zone 4  
(Participants to various restaurants)

# THURSDAY 8th

## Applied Sciences, Technology and Innovation, High-level Sports Events

9:00 - 9:30 ● Welcome coffee

### SESSION 04

9:30 - 10:30 ● Applied Sciences

One Team, One Goal: Integrating Science, Coaching and Performance

20 minutes ● Dr. Alberto Garrido - Autonomous University of Nuevo León UANL

20 minutes ● Jordi Ferré - Kamleon

20 minutes ● Panel discussion

10:30 - 11:00 ● Coffee Break

### SESSION 04 SIMULTANEOUS

9:30 - 10:30 ● Barriers for Women in coaching and leadership in sports  
Breaking Barriers: Redefining Leadership Pathways for Women in Sport

20 minutes ● Lorraine Lafreniere - Coaching Association of Canada

20 minutes ● Mariana Vieira de Mello - Brazilian Olympic Committee

20 minutes ● Panel discussion

10:30 - 11:00 ● Coffee Break

### SESSION 05

11:00 - 12:00 ● Technology and Innovation

The Future of Performance: Technology, Data, and Competitive Advantage

20 minutes ● Mounir Zok - N3XT Sport

20 minutes ● María Puig - Eleiko

20 minutes ● Panel discussion

12:00 - 12:30 ● Dynamic interaction / Transition

12:30 - 14:00 ● Lunch & Networking

### SESSION 06

14:00 - 15:00 ● High Level Sports Events

Beyond the Games: Building Legacy Through High Performance Events

Guatemala - 2025 Central American Games

Brazil - 2026 Olympic Games

### FINAL ACTIVITY

15:00 - 15:30 ● Interaction activity

Round tables with speakers to exchange information

### CLOSING CEREMONY

15:30 - 16:00 ● Reflection and Forum Summary

● Closing words

● Awards Ceremony

● Official Photograph

### FINAL ACTIVITY

16:30 ● Departure to Cayalá / Space for Interaction / Walk and visit

18:30 ● Official Dinner

# FRIDAY 9th

## Tour Activity

Service provided by a Travel Agency  
Each participant arranges their own tour

