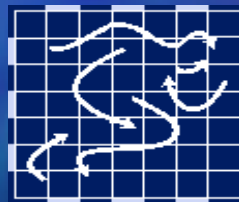


Criteria for Beginning New High Performance Training Programmes : Ireland Programme

Presentation to
2nd International Forum on Elite Sport
September 12, 2001
Dr. Pat Duffy, NCTC

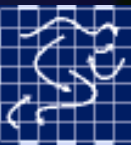


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Presentation Structure

- Context and Structure
- International Training and Competition Support :- Criteria
- International Carding Scheme
- Sydney Review
- High Performance Strategy and Criteria for the Future
- Future Directions

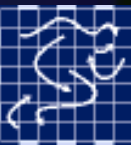




CONTEXT AND STRUCTURE

Context

- National Sporting Structure
- State Involvement : 1969
- Non-Statutory Sports Councils
- NGB and Athlete Support pre 1992
- Establishment of NCTC
- Sports Strategy
- Statutory Sports Council

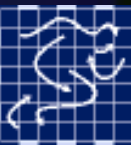


Structure



ISC Remit

- Excellence in Competitive Sport
- Participation/Recreation
- Ethics and Good Practice
- Anti-Doping
- Research



International Training and Competition Criteria (General)

- NGB Status
- Strategic Plan
- Code of Ethics
- Anti-Doping
- Revenue Generation
- Involvement in NCDP



International Training and Competition Criteria (Specific)

- Strategic Plan Complete
- Implementation of Code of Ethics and Anti-Doping
- Inclusivity / Integration
- NCDP Progress



Summary of Progress

in the National Coaching Development Programme

First Cycle 1993 - 1998

Athletics	31	1,682	Intro, 1, 2, 3
Badminton	8	190	Intro, 1, 2
Basketball	9	18	Intro, 1
Bowling	4	22	Intro, 1, 2
Boxing	12	-	-
Camogie	10	432	Intro, 1, 2
Canoeing	2	27	1
Community Games	3	-	Intro, 1
Cricket	1	-	-
Cycling	6	45	Intro, 1
Equestrian	6	-	Intro, 1
GAA	27	5,623	Intro, 1
Gymnastics	4	214	Intro, 1, 2
Handball	2	-	Intro
Hockey	13	139	Intro, 1, 2
Judo	4	76	Intro, 1, 2
Ladies Gaelic Football	2	-	-
Motorcycling	4	-	Intro
Olympic Handball	3	-	Intro
Orienteering	3	109	Intro, 1, 2
Parachuting	1	-	1, 2
Pitch & Putt	4	199	Intro, 1

Rowing	5	18	1
Rugby	13	-	1, 2
Sailing	4	-	1
Soccer	28	2,167	Intro, 1, 2, 3
Special Olympics	10	34	Intro, 1
Sports Acrobatics	3	-	Intro, 1, 2
Squash	3	-	Intro, 1
Table Tennis	2	-	1, 2
Tennis	12	563	Intro, 1, 2, 3
Triathlon	4	-	-
Tug-o-War	3	-	Intro
Volleyball	8	17	Intro, 1
Weightlifting	3	-	1
Wrestling	3	-	Intro, 1
Total	260	11,575	

Good
Coaching
makes a
Difference

International Carding Scheme



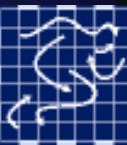
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graph TD; A[International Carding Scheme] --> B[Financial]; A --> C[Non-Financial Supports]; B --> D[Qualifying Athletes]; C --> D;
```

The diagram illustrates the International Carding Scheme. At the top is the title 'International Carding Scheme'. Two arrows point down from this title to 'Financial' and 'Non-Financial Supports'. From both of these, arrows point down to 'Qualifying Athletes' at the bottom. A thick horizontal line is positioned to the left of the 'Financial' node.

Financial

Non-Financial
Supports

Qualifying Athletes



Carding Scheme Criteria

World Class 1	Top 3 in the world rankings or in a World or Olympic Championship final
World Class 2	4-8 in the world rankings or in a World or Olympic Championship final
World Class 3	9-16 in the world rankings or in a World or Olympic Championship final
International	17-100 in the world rankings or equivalent to be agreed on a sports specific basis with National Governing Bodies (NGBs)
Developmental	Players/athletes up to the age of 23 with established potential to progress to international and world class status
Junior	Players/athletes (16-19 years of age) with established potential to progress to international and world class status



Sailing Criteria

Category	Criteria for 2001
World Class 1	■ Top 3 in the World Rankings, Top 3 in the World Championships, Top 3 in the Olympic Games
World Class 2	■ 4-8 in the World Rankings, 4-8 in the World Championships, 4-8 in the Olympic Games
World Class 3	■ 9-16 in the World Rankings, 9-16 in the World Championships, 9-16 in the Olympic Games
International	■ 17-60 in the World Rankings, 17-40 in the World Championships, 17-40 in the Olympic Games
Developmental	■ Top 8 at World Youth Championships in the previous 2 years and not World Youth eligible, Top 100 in the World Rankings and under 23 years of age
Junior	■ Top 30 at World Youth Championships (ISAF), Top 1 in National Ranking list in ISAF World Youth disciplines and competing in the World Youth and UK Championships



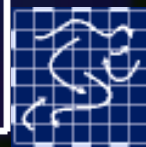
Financial Support

General Categories

World Class 1	up to a max. £24,000 per annum
World Class 2	up to a max. £18,000 per annum
World Class 3	up to a max. £15,000 per annum
International	up to a max. £9,000 per annum
Developmental	up to a max. £3,600 per annum
Junior	up to a max. £1,200 per annum

Sports Science and Medical Support

Visits per annum*	Sports Physiology	Sports Nutrition	Sports Psychology	Sports Biomechanics	Sports Medicine	Physiotherapy
World Class 1	Up to 6	Up to 6	Up to 6	Limited Service	Up to 5	Up to 12
World Class 2	Up to 6	Up to 6	Up to 6	Limited Service	Up to 5	Up to 12
World Class 3	Up to 6	Up to 6	Up to 6	Limited Service	Up to 5	Up to 12
International	Up to 3	Up to 3	Up to 4	Limited Service	Up to 3	Up to 8
Developmental	Up to 3	Up to 3	Up to 4	Limited Service	Up to 3	Up to 8
Junior	Up to 2	Up to 2	Up to 2	Limited Service	Up to 3	Up to 4



Service Up-Take

Breakdown of PACE Usage by Sport Jan. – Sept. 2000

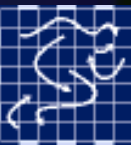
Note: Numbers in parentheses indicate the number of players/athlete who availed of the service

Sport	Medical	Physiotherapy	Nutrition	Psychology	Physiology	Total
Athletics	22 (11)	120 (13)	7 (4)	7 (3)	4 (3)	160 (19)
Badminton	3 (1)	6 (1)	0 (0)	0 (0)	1 (1)	10 (1)
Boxing	1 (1)	5 (1)	0 (0)	0 (0)	1 (1)	7 (1)
Canoeing	7 (2)	8 (2)	1 (1)	1 (1)	9 (3)	26 (3)
Cycling	0 (0)	0 (0)	0 (0)	0 (0)	3 (2)	3 (2)
Equestrian	-	-	-	-	-	-
Rowing	2 (1)	36 (4)	0 (0)	2 (2)	15 (4)	55 (4)
Sailing	1 (1)	18 (3)	0 (0)	6 (1)	12 (4)	37 (4)
Shooting	0 (0)	2 (1)	0 (0)	10 (2)	0 (0)	12 (2)
Swimming	0 (0)	2 (1)	0 (0)	0 (0)	0 (0)	2 (1)



Sydney Review

- Potential of Working Together
- High Performance Plan
- Review of Roles of NCTC, OCI
- Performance Planning
- Quadrennial Planning
- Expectations/Media
- Selection and Accreditation



High Performance Plan

Main Themes:

1. Build Irish Sport's Policy, Resources and Competencies
2. Create the Irish Institute of Sport National Performance Network and Support Services
3. Build Real Excellence in Coaching
4. Invest in Effective NGB Structures
5. Establish Clear Pathways to the Top
6. Enhance Communication, Promotion, Research and Development

(Irish Sports Council, 2001)

Emerging Criteria

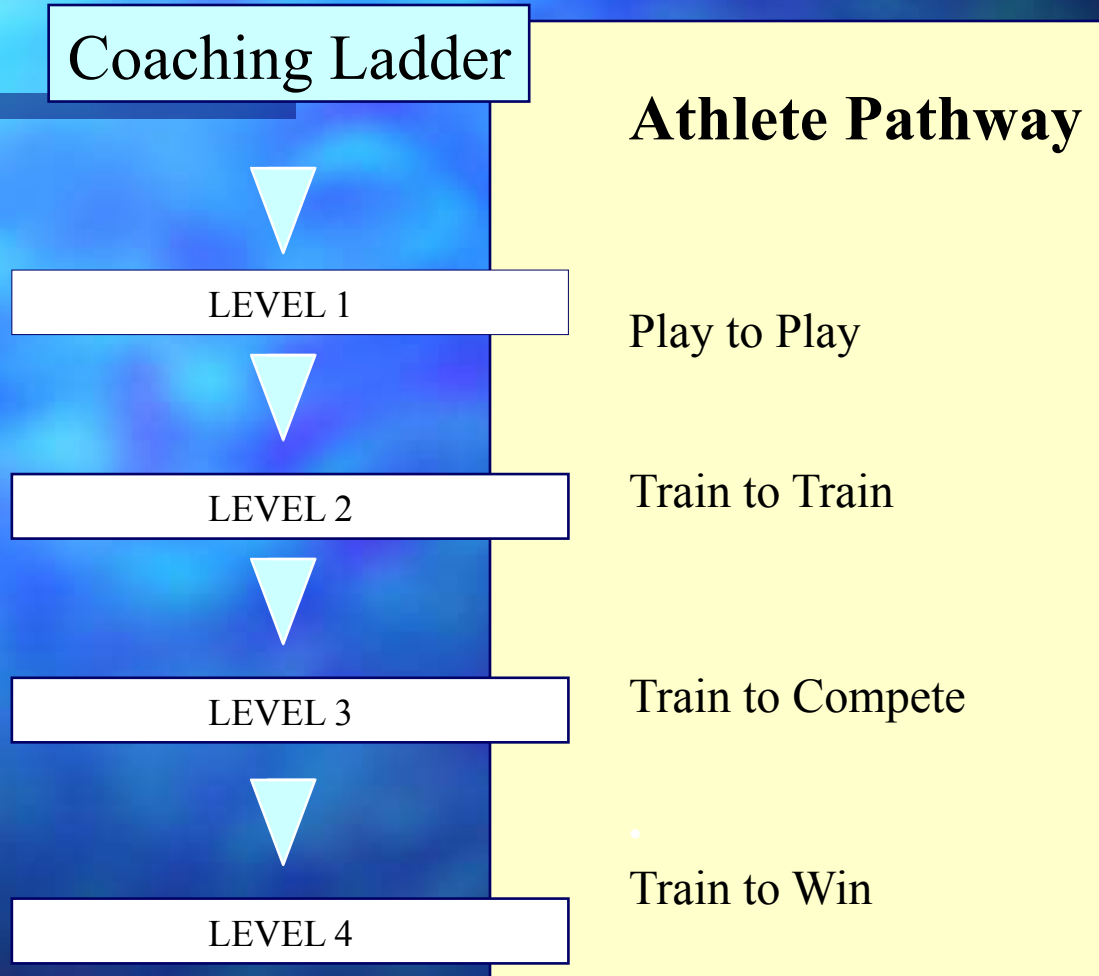
- Long Term Plans
- Performance Level over 8 years costs
- Contribution of the Sport
- Application of Sports Science, Sports Medicine, Lifestyle
- Relevance to National Strategies



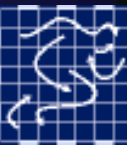
FUTURE DIRECTIONS



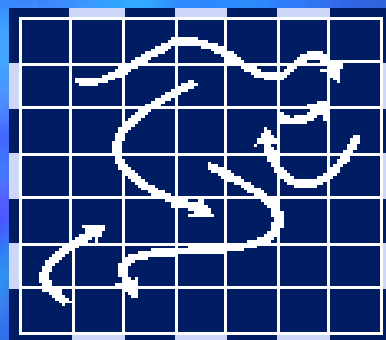
Pathway Ladder



Integrating coaching competencies with athlete needs and capacities at each stage of their development



Go raibh míle maith agat



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