

# XIII ASPC FORUM 2023

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## REPORT



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The ASPC Forum was hosted by the French Institute for Sport, Expertise and Performance (INSEP) from October 3rd to 6th, 2023. Located in Paris, at the heart of the Bois de Vincennes, INSEP gave the participants the opportunity to step into the so-called “nursery of champions” as the institute prepares France’s top elite athletes for major international competitions. On the eve of the Olympic and Paralympic Games in Paris in 2024, INSEP represents a gateway to the world’s biggest sporting event and participants enjoyed seeing the living and training facilities of Olympians.

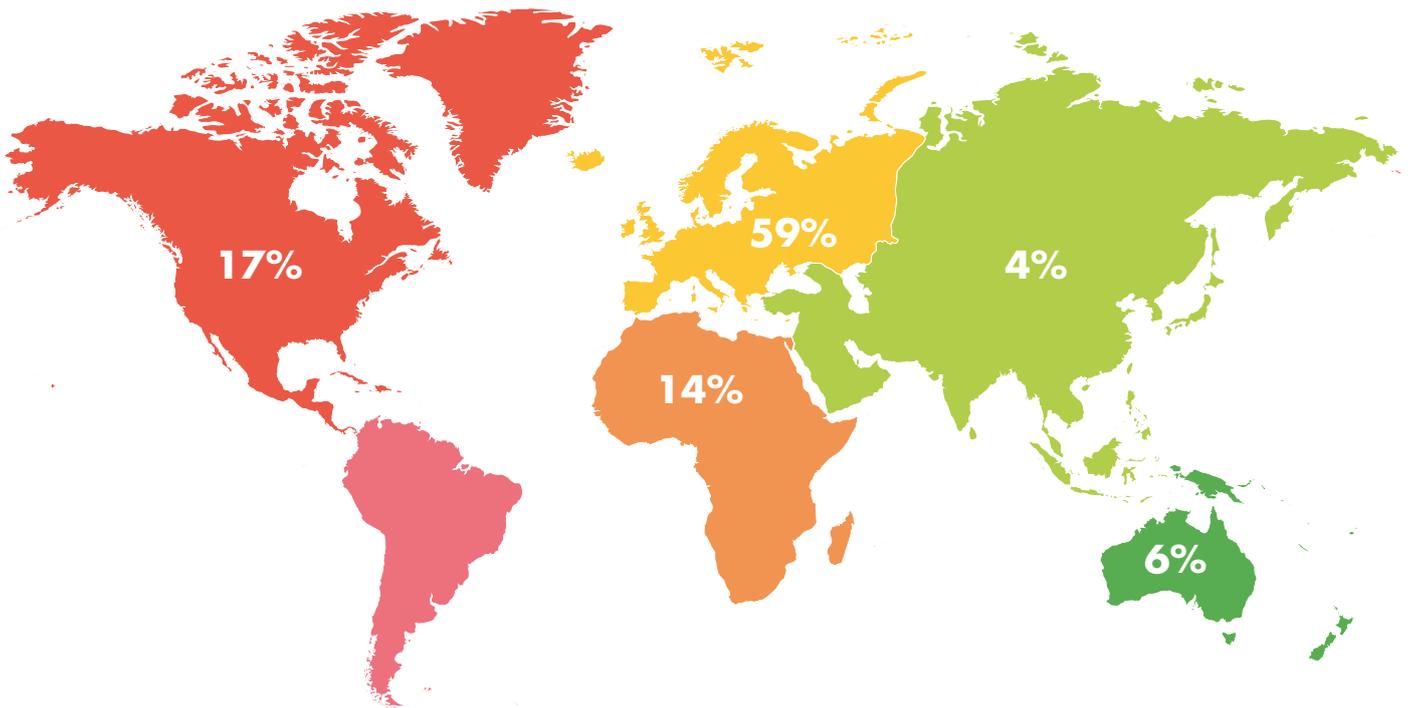
Moreover, Paris 2024 gives INSEP a decisive role as the historical operator of French sport, but also as now an international network leader facilitator. International cooperation, the international influence of French know-how and the exchange of expertise are indeed the backbone of INSEP’s actions in the field of international relations.

Referred as the XIII Forum (the first one has been organized in 1999 in Brisbane, in Australia), the Forum in Paris followed the XI ASPC international Forum in Barcelona in 2019. Due to the COVID-19 pandemic, the XII International Forum on Elite Sport in Hong Kong could not be held in 2022 and was postponed in 2024. In 2025, Helsinki (Finland) will host the XIV International Forum.

The event provided an opportunity to learn about performance, integration, leadership and management models in elite sports from the various international members of the association. The program was based on the theme of «Leadership and Ethics» and several questions were raised:

- What kind of leaders are needed for a high performance training centers?
- Link between leaderships and neuroscience?
- Is female leadership different or even better?
- How leaders take care of mental health in a training center? The case of coaches, athletes and staffs
- Well-being at work : how to cope with stress?
- Innovation and financial models - New collaborations between high-level sport stakeholders.
- Public and private partners: which added values and limits of sponsorships?
- Communication as part of the leader strategy?
- How to secure environment for a High performance training?
- Climate, sustainability and sport as a peace vector (Paris 2024 legacy)

The Forum gathered 170 leaders from 30 different countries distributed in the 5 continents.



The origins of speakers are as well very diversified and cover most of the regions in the globe:

**French, Norwegian, Spanish, German, Finnish, Swedish, Swiss, American, Canadian, Asutralian, South-African, Japanese.**



# 1 | What is at stake for INSEP

## A. INSEP PRESENTATION



Established in 1975, France's National Institute of Sport, Expertise, and Performance (INSEP) is both a benchmark Olympic and Paralympic training centre internationally known as well as a powerful voice in elite sport policy in France.

Through its unique, modern infrastructure located within a 28 hectares campus in the Bois de Vincennes in Paris, INSEP supports outstanding sporting performance in all its forms for elite athletes competing in all sports and their support teams. The institute offers innovative support and individually tailored training programs, medical care, research and psychological support as well as training and professional reorientation.

INSEP has helped over 90% of French Olympic medalists prepare for their events.

Any professional clubs in France and abroad, regional leagues and international federations seeking to take advantage of INSEP's expertise are also able to benefit from its infrastructure and individually tailored skills.

As one of the world's foremost Olympic and Paralympic training centers, INSEP illustrates France's savoir-faire, which blends performance with technical and scientific expertise, as well as a genuine respect for the athletes. INSEP provides the talent of tomorrow, the champions of today and their technical staff with unique, tailored services. INSEP offers cutting-edge support and training to help athletes rise to the top on the world stage.

**19**  
RESIDENT SQUADS

**280**  
FEDERAL COACHES

**100%**  
SUCCESS RATE AT THE FRENCH  
BAC EXAM

**28**  
OLYMPIC AND PARALYMPIC SPORTS

**300**  
EMPLOYEES

**2**  
LABORATORIES

**800**  
ELITE ATHLETES

**28**  
HECTARE CAMPUS

**85**  
HEALTH CARE WORKERS

**331**  
BOARDERS

**38**  
MILLION BUDGET

## B. INSEP'S ROLE WITHIN THE ASPC ASSOCIATION

The International Association of the Sport Performance Centre, created in 1999 gathers most of the main sport centres throughout the globe. The association aims at elevating sport centres globally thanks to collaboration and innovative leadership to pursue excellence in many aspects.

By its positioning, INSEP wishes to put its knowledge and expertise at the service of the ASPC and its members within the framework of the world conference in 2023.

INSEP has been an active member of the ASPC since 2006. The centre already held the forum in Paris back in 2011. In 2021, it celebrated the 15 years membership anniversary but also its eligibility to become a gold member of the ASPC. Since the post-covid period, the INSEP has been running monthly webinars for ASPC centres based in Europe to exchange best practices on all types of subjects relating to high performance and the management of a sports performance centre such as:

- Covid-19 Tokyo and Beijing;
- Research and innovation;
- Anthropometric measurement;
- Ethical challenges and solutions for high performance centres;
- Education partnerships in high performance centres;
- Nutrition meals – survey;
- Work responsibility in centres;
- New digital solutions in sport;
- Recovery, fatigue and sleep in performance;
- Life project;
- Women, sports, menstruation, cycle and performance.

Moreover, INSEP leads the French national network of training centres called “Réseau Grand INSEP”, and now most of the thirty-two labelled centres are also members of the ASPC. This network is dedicated to high performance and covers the entire French territory. It aims to high performance solutions for athletes, coaches and support staff thanks to:

- a collaborative dynamic between partners to strengthen cooperation amongst the high-level partners;
- the sharing of experiences, expertise and the mobilization of all the network resources to support sport performance;
- a networking which not only federate and increase collaboration but also stimulate the progress of the training centre network;
- a continuous improvement in stature and competency to bring benefit to the network.



<https://sportperformancecentres.org/>

## C. OBJECTIVES

Through this forum, the ASPC promotes the establishment of a place to exchange information and experiences between people, organizations and institutions interested in elite sports. A suitable environment to establish collaboration agreements between high performance centres and to create common initiatives that benefit worldwide high-performance centres is provided. This will ultimately contribute to the evolution of society as high-performance centre are strong drivers of change.

Less than one year before Paris2024 Olympics and Paralympics games, INSEP aims at urging exchanges and debates on some key and current issues embodied in the general topic of "Leadership & ethics" as:

- Sport centre management;
- Inclusion and diversity;
- Mental dimension and coaching for sport performance;
- Mental health;
- Climate change...

Then, INSEP wishes to share and challenge its knowledge and savoir-faire in regards with other highly experienced centres.

## 2 | The organisation

### A. HOST ORGANISING COMMITTEE

- General Director of INSEP: Fabien CANU
- Director of the international relations and grand INSEP network department: Babak AMIR-TAHMASSEB
- Head of INSEP medical department: Dr. Sebastien LE GARREC
- Head of INSEP Performance department: Bertrand DAILLE
- INSEP Laboratory Sport, Expertise and Performance director: Gael GUILHEM (Phd)
- Members of grand INSEP network: François BEAUCHARD (Montpellier/ Font-Romeu training centre) & Jérôme ROUILLAUX (Provence-Alpes-Côte-d'Azur training centre)

### B. LOCATION: PARIS, FRANCE



Paris, the French capital, is a leading sporting destination, staging major international championships and events each year. Moreover, Paris is the city of culture, arts, elegance, fashion and gastronomy. It counts among the most visited city destinations in Europe, with its incomparable heritage of historic sites, numerous iconic monuments and world-class museums. With international tourists spending over 10 billion U.S dollars a year, the “City of Love” (or “City of Light”, as it is also often referred to) is an important economic factor in French tourism.

Paris 2024 will be fraternal and universal celebration, where an entire country is showcased on the world stage. Paris 2024 is a new model for Games that we have built together to enjoy together.

## Major sporting events in Paris



*Roland Garros – Tennis tournament*

## Paris Marathon



Throughout 2023, 2024 and 2025, a number of major sporting events did or will take place in Paris, setting the tone for the sporting calendar leading up to the Olympic and Paralympic Games in 2024, including :

### Recurrent events in France and in Paris:

- Roland Garros grand Slam (Tennis)
- Paris Marathon (Athletics)
- Tour de France (Cycling)
- Six Nations Championship (rugby)

#### 2023

- World Championship/ Skiing / Méribel-Courchevel / February 6th to 19th
- Virtus Global Games / Parasport / Vichy / June 4th to 10th
- World Cup / Rugby / 9 French cities / September 8th to October 21st
- Motocross des Nations / Motocycling / Ernée / September 25th to 26th

#### 2024

- Olympic and Paralympic Games / France / July 26th to August 11st then August 28th to September 9th
- World Championship/ Para sport tennis / Annecy / (to be determined)

#### 2025

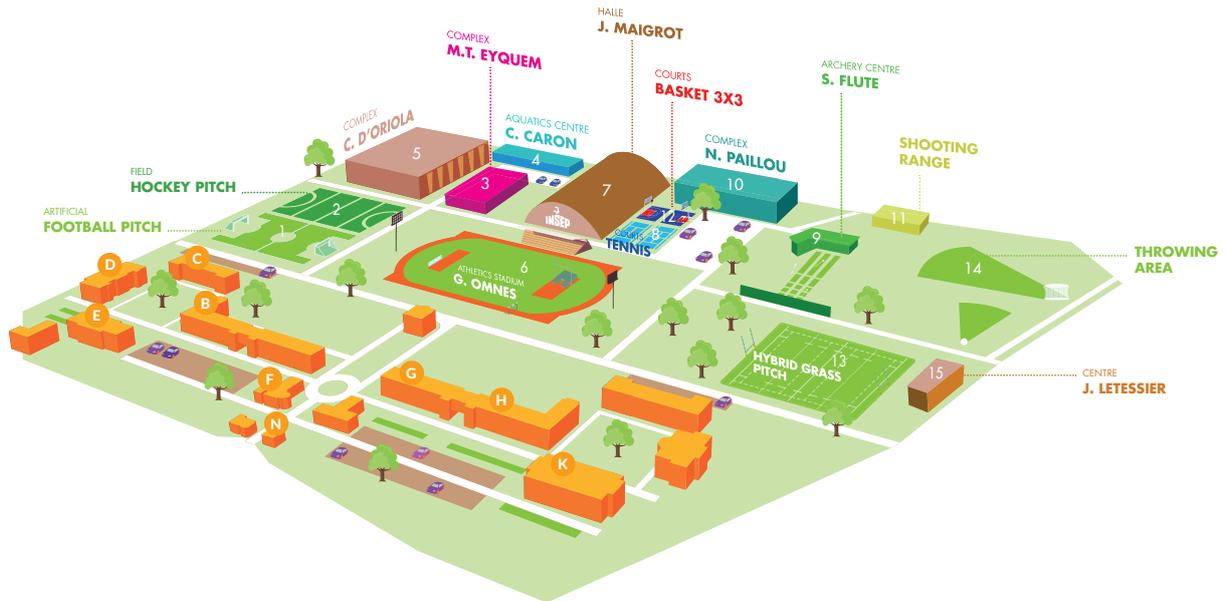
- World Championship / Cyclo-cross (cycling) / Liévin / February 1st to 2nd
- World Championship / Badminton / Paris Aréna II / August

## C. FORUM VENUE

The Meeting room Paris 1900 is located inside INSEP. The room can be used to host dinners and cocktail receptions for between 100 and 400 guests. The room is fitted with audiovisual equipment, meaning it can serve as either a meeting room or a reception room.



# DISCOVER THE CAMPUS



## SPORTS FACILITIES

- 1 - ARTIFICIAL FOOTBALL PITCH 
- 2 - FIELD HOCKEY PITCH (ASTROTURF) 
- 3 - MARIE-THÉRÈSE EYQUEM COMPLEX 
- 4 - CHRISTINE CARON AQUATICS CENTRE 
- 5 - CHRISTIAN D'ORIOLA COMPLEX 
- 6 - GILBERT OMNÈS ATHLETICS STADIUM 
- 7 - HALLE JOSEPH MAIGROT 
- 8 - TENNIS COURTS (green set) 
- 9 - SÉBASTIEN FLUTE ARCHERY CENTRE 
- 10 - NELSON PAILLOU COMPLEX 
- 11 - SHOOTING RANGE 
- 12 - 3X3 BASKETBALL COURTS 
- 13 - HYBRID GRASS PITCH 
- 14 - THROWING AREA 
- 15 - JEAN LETESSIER CENTRE 

## PERFORMANCE SUPPORT

- B - MEDIA CENTRE - IRMES LABORATORY
- C - SEP LABORATORY - LECTURE HALL - RESEARCH
- D - EDUCATION
- E - AUDIOVISUAL - IMAGE LIBRARY - TRAINING
- F - WELCOME / HOSPITALITY
- G - PHYSIOTHERAPY
- H - MEDICAL - MEDICAL IMAGING
- K - CAFETERIA & BRASSERIE
- N - STORE

## D. ACCOMODATION AND TRAVEL

INSEP has 70 single and double standard comfort rooms (equipped with TV, WiFi, shower and fridge) available throughout the year for short stay visitors to the institute. Located at the heart of the elite athletes' living quarters, these modern rooms offer a spectacular view over the Bois de Vincennes and enjoy a lot of natural light. They allow guests to get a good night's sleep, which is essential to staying in top physical and mental condition.

In order to increase INSEP accomodation capacity, a collaboration with the hotel group Adagio was signed in the past. Three Adagio hotels are located in the surroundings of INSEP (Vincennes, Paris and Nogent-sur-Marne).



INSEP has a vast range of catering options, including a self-service restaurant open for lunch and dinner (280 seats, not available for privatisation) to eat alongside the athletes, a brasserie and a VIP lounge for sit-down meals or cocktail receptions of between 10 to 100 people (table service provided by INSEP caterers).



Travel to France: Visa application processing times vary fromm country to country. For a short-stay visa, applicants are advised to apply at least 15 days and no more than 6 months before the planned visit. As a general rule, countries/territories outside the Schengen Area of the European Union need a visa to travel to France.

## E. EXPENSES AND INCOME

### Expenses

TYPE OF EXPENSE	SERVICE PROVIDER	AMOUNT
Cocktail dinner	Les Jardins du Pont Neuf	35156,00 €
Expert presentation	Eric Bloudeau	2280,00 €
Expert presentation	Elin Signe Asvik	2500,00 €
Catering (5 days)	Délisaveurs	5310,00 €
Meeting room (5 days)	INSEP	12500,00 €
Audio – video technician	Ludofilms	1350,00 €
Shuttles	Bus Suzanne	1077,12 €
Catering (closing)	Le Petit Gourmet traiteur	2371,20 €
Board members dinner	La Table des Troys	1091,60 €
Speakers' transportation	Neige et Soleil	1948,59 €
ASPC tote-bags	IGL	1245,00 €
<b>Total</b>		<b>66 793,59 €</b>

### Income

TYPE OF REVENUE	UNIT PRICE	NUMBER OF ENTRIES	TOTAL
Early registration fees	350 euros	11	3850 €
Registration fees	450 euros	34	15300 €
ASPC	5000 euros	2	10000 €
<b>Total</b>			<b>29150 €</b>

## 3 | The conference

### A. THE PROGRAMME

The programme of the Forum is available at the following link: [Paris forum programme](#)

OCTOBER 2 <sup>ND</sup> – MONDAY	
10:00 - 12:00	ASPC Board Members' registration (Paris 1900 meeting room)
12:00 - 13:00	ASPC Board Members' lunch (INSEP cafeteria)
13:00 - 14:00	ASPC Task Force Groups meetings (Paris 1900 meeting room)
14:00 - 16:00	ASPC Board Members' meeting (Paris 1900 meeting room)
16:00 - 17:00	ASPC Task Force Groups meetings – Board presentation (Paris 1900)
19:00	ASPC Board dinner (restaurant "Table des Troys")

OCTOBER 3 <sup>RD</sup> – TUESDAY	
09:00 – 10:00	Forum Members' registration (Paris 1900 meeting room) Welcoming coffee
10:00 – 13:00	Board meeting/Bid presentations (Grecque meeting room)
13:00 14:15	Lunch (INSEP cafeteria) - Attendees' registration
14:15- 15:00	ASPC Continental meetings: Election VPs
15:00 – 16:00	ASPC General Assembly (Paris 1900 meeting room)
16:00	Departure by bus from INSEP to Paris 2024 headquarters
19:30	GA dinner: Peniche «Les jardins du Pont-neuf» Speech by the French sport Minister Amélie OUDÉA-CASTERA Hong Kong 2024 Forum presentation

OCTOBER 4 <sup>TH</sup> – WEDNESDAY	
9:00 - 9:30	Opening ceremony: Projection of INSEP promotional video clip Speeches by Fabien CANU (INSEP General Director) & Tapio KORJUS (ASPC President)
9:30 - 10:30	His Excellency the Ambassador for Sport. Sport diplomacy Samuel Ducroquet (Ministry for Europe and Foreign Affairs)
10:30 - 11:00	Coffee break
11:00 - 11:05	Global presentation: Leadership & Ethics
11:05 - 12:25	What kind of leadership is needed to achieve high performance? Nicolas HIERONIMUS (L'Oréal CEO) Julien ISSOULIE (National Technical Director of the French Swimming Federation) ASPC VP - Debbie LOW (Canadian Sport Institute Ontario)
13:00 14:30	Lunch (INSEP cafeteria)

#### TOPIC 1

14:30 - 16:00	Topic 1: What is the impact of today's complexity on leadership & motivation? Eric BLONDEAU (Decision making & Mental Skills expert)
16:00 - 16:30	Coffee break
16:30 - 18:00	Topic 1 bis: How female leadership is different? Elin SIGNE ASKVIK (Rev Ocean Captain) and Steffen LIESS (High performance center Tenero) ASPC VP Oceania - Anne-Marie HARRISON (Victorian Institute of sports)
18:30	Post-ASPC activities (INSEP visit) / Free night

**OCTOBER 5<sup>TH</sup> – THURSDAY**

<b>9:00 - 9:15</b>	Warm-up: what do I keep from yesterday?
<b>TOPIC 2</b>	
<b>9:15 - 10:30</b>	<b>Topic 2: How leaders take care of mental health in a training center?</b> The case of coaches, athletes and staffs <b>Safe sport &amp; harassment</b> Ju'Riese COLON (US SafeSport CEO) ASPC Treasurer - Fiona DE JONG (Australian Institute of Sport-European training center)
<b>10:30 - 11:00</b>	Coffee break
<b>11:00 - 12:30</b>	<b>Topic 2bis: Well-being at work : how to cope with stress?</b> Göran KENTTA (Swedish School of Sport and Health Sciences psychology researcher) ASPC VP America - Ken BAGNELL (Canadian Sport Institute Atlantic)
<b>13:00 - 14:30</b>	Lunch (INSEP cafeteria)
<b>TOPIC 3</b>	
<b>14:30 - 16:00</b>	<b>Topic 3: Innovation and financial models – New collaborations between high-level sport stakeholders. Public and private partners: which added values and limits of sponsorships?</b> Juan HERRERA (VISA: Head of marketing France-Be-lux) ASPC VP Europe - Harry BAHR (OTC Berlin)
<b>16:00 - 16:30</b>	Coffee break
<b>16:30 - 18:00</b>	<b>Olympic and Paralympic family</b> Emma TERHO (Athletes 365: Member of the IOC Executive Board) Marie-Amélie LE FUR (French National Paralympic Committee President) ASPC Board Member - Brendon GOODENOUGH (Prime Human Performance Institute)
<b>20:00</b>	Free night

**OCTOBER 6<sup>TH</sup> – FRIDAY**

<b>9:00 - 9:05</b>	Warm-up: World clouds
<b>TOPIC 4</b>	
<b>9:05 - 10:30</b>	<b>Topic 4 : High performance training in a safe and secure environment</b> Philippe GOSSELIN (Deputy chief of staff of french national Police) ASPC General secretary (Josep ESCODA – CAR Barcelona)
<b>10:30 - 11:00</b>	Coffee break
<b>TOPIC 5</b>	
<b>11:00 - 12:30</b>	<b>Topic 5 : How sport industry cope with climate change issues?</b> Jean-François TOUSSAINT (IPCC) ASPC VP Africa - Kevin SUBBAN (Prime Human Performance Institute)
<b>12:30 - 14:00</b>	Lunch
<b>TOPIC 6</b>	
<b>14:00 - 15:30</b>	<b>Topic 6 : Climate, sustainability and sport as a peace vector (Paris 2024 legacy)</b> Cédric BORREMANNS (Head of Oly & Paralympic / Toyota Motor Europe) Joel BOUZOU (Peace and sport) Eckehard Fozzy MORITZ (Innovations Manufaktur) ASPC VP Asia - Takeshi KUKIDOME (Japan Sport Council)
<b>15:30 - 16:00</b>	Coffee break
<b>16:00 - 16:45</b>	<b>Communication as part of the leader strategy</b> Kenny JEAN-MARIE (FIFA)
<b>16:45 - 17:45</b>	<b>General Assembly Part 2 (BoD elections)</b>
<b>17:45 - 18:00</b>	<b>Closing remarks and presentation: announcement of 2025 Forum host</b>
<b>18:00</b>	INSEP closing cocktail/awards collecting



Photo of the Peniche "Les Jardins du Pont-Neuf »

## B. THE SPEAKERS



**FABIEN CANU**  
*General director – INSEP*



**TAPIO KORJUS**  
*President - ASPC*



**SAMUEL DUCROQUET**  
*His Excellency the Ambassador for Sport – Ministry for Europe and Foreign Affairs*



**BABAK AMIR-TAHMASSEB**  
*Director – International relations and grand INSEP network*



WHAT KIND OF LEADERSHIP IS NEEDED TO PERFORM?



**NICOLAS HIERONIMUS**  
CEO – L'Oréal



**DEBBIE LOW**  
ASPC VP – Canadian Sport Institute Ontario



**JULIEN ISSOULIE**  
National technical director – French swimming federation



WHAT'S THE IMPACT OF TODAY'S COMPLEXITY ON LEADERSHIP & MOTIVATION?



**ERIC BLONDEAU**  
Decision-making and mental skills expert



HOW FEMALE LEADERSHIP IS DIFFERENT?



**ELIN SIGNE ASKVIK**  
Captain – Rev Ocean



**ANNE-MARIE HARRISSON**  
ASPC VP Oceania – Victorian Institute of Sports



**MARIE-AMELIE LE FUR**  
President – French national Paralympic committee



## HOW LEADERS TAKE CARE OF MENTAL HEALTH IN A TRAINING CENTRE?



**JU'RIESE COLON**  
CEO – US Safe Sport



**FIONA DE JONG**  
Treasurer-ASPC – Western Australian Institute of Sport



## WELL-BEING AT WORK: HOW TO COPE WITH STRESS?



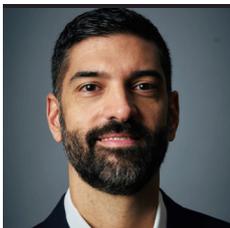
**GORAN KENTTA**  
Psychology researcher – Swedish school of sports and health science



**KEN BAGNELL**  
ASPC VP America – Canadian Sport Institute Atlantic



## INNOVATION AND FINANCIAL MODEL/NEW COLLABORATIONS BETWEEN HIGH-LEVEL SPORT STAKEHOLDERS



**JUAN HERRERA-RAMIREZ**  
Head of marketing for France/Benelux – VISA



**HARRY BAHR**  
ASPC VP Europe – OTC Berlin



## COMMUNICATION AS PART OF THE LEADER STRATEGY

**KENNY JEAN-MARIE***Chief member associations officer – FIFA***BRENDON GOODENOUGH***ASPC Board member – Prime Human Performance Institute*

## HIGH PERFORMANCE TRAINING IN A SAFE AND SECURE ENVIRONMENT

**PHILIPPE GOSSELIN***contrôleur général des services actifs de la police nationale, adjoint au chef d'état-major de la police nationale à Paris***JOSEP ESCODA***ASPC General secretary – CAR Barcelona*

## HOW SPORT INDUSTRY COPE WITH CLIMATE CHANGES ISSUES?

**JEAN-FRANÇOIS TOUSSAINT***Review editor – IPCC***KEVIN SUBBAN***ASPC VP Africa – Prime Human Performance Institute*

## CLIMATE, SUSTAINABILITY AND SPORT AS VECTOR OF PEACE



**CEDRIC BORREMANS**

*Head of Olympics and Paralympics – Toyota Motor Europe*



**ECKEHARD FOZZY MORITZ**

*CEO – Innovation Manufaktur*



**JOEL BOUZOU**

*CEO – Peace and sport*



**TAKESHI KUKIDOME**

*ASPC VP Asia – Japan Sport Council*



## ATHLETES 365



**EMMA TERHO**

*Board member – International Olympic Committee*



## C. GENERAL ASSEMBLY REVIEW

See annex

## D.PARTICIPANTS STATISTICS

Number of participants: 162

### Participants per country:

COUNTRIES	NUMBER OF COUNTRIES
Africa	22
Botswana	2
Malawi	2
Mauritius	1
Namibia	10
Zambia	7
America	28
Brasil	1
Canada	19
USA	5
Guatemala	3
Asia	6
Honk Kong	2
Japan	4
Europe	96
Germany	3
Austria	6
Croatia	1
Spain	10
Finland	17
France	25
Ireland	4
Israel	2
Luxembourg	1
Norway	2
Netherlands	3
Poland	2
Portugal	8
United-Kingdom	6
Sweden	1
Switzerland	5
Oceania	10
Australia	6
New-Zealand	4
<b>Total</b>	<b>162</b>

### Participants per type:

	PUBLIC TYPE
Inscription	50
Invitation	112
<b>Total</b>	<b>162</b>

**Represented organisations:**

NAME OF THE ORGANISATION	NUMBER PER ORGANISATION
AIS European Training Centre	2
ASPC Board	1
Australian Institute of Sport	1
BASPO (Switzerland)	1
Brazilian Olympic Committee	1
Business Sport Solution	1
Canadian Sport Centre Manitoba	3
Canadian Sport Centre Saskatchewan	2
Canadian Sport Institute Atlantic	1
Canadian Sport Institute Ontario	1
Canadian Sport Institute Ontario	1
Canadian Sport Institute Pacific	2
CAR de León - Consejo Superior de Deportes	2
CAR de Madrid - Consejo Superior de Deportes	2
CAR MURCIA	1
CAR Sant Cugat	2
CAR Sierra Nevada	2
Centre sportif national de la jeunesse Tenero (CST)	1
Centre Sportif Régional Alsace - m2A	2
Chula Vista Elite Athlete Training Center	1
CIO	1
CNSD	2
COLLEGE OF MEDICINE SPORTS COMPLEX	1
CONFEDERACION DEPORTIVA AUTONOMA DE GUATEMALA	1
CONFEDERACIÓN DEPORTIVA AUTÓNOMA DE GUATEMALA	2
CREPS GUADELOUPE	2
CREPS CVL	1
CREPS de Bordeaux	2
CREPS de Montpellier / Font-Romeu	2
CREPS de Poitiers	1
CREPS DE REIMS	1
CREPS DE STRASBOURG	1
CREPS Hauts-de-France	2
CREPS IDF	1
CREPS Provence-Alpes-Côte d'Azur	1
CSJC CORSE	1
FIFA	1
Finnish Institute of High Performance Sport KIHU	3
High Performance Center	1
High Performance Sport Center Croatia	1
High Performance Sport NZ	1
Hong Kong Sports Institute	2
IFCE	1
INSEP	2
Institut canadien du sport de Calgary	2
Institut National du Sport du Québec	3

Institute for Applied Training Science	2
ITG Learning/ EB CONSULTING	1
Jamor High Performance Center	2
Japan Sport Council	4
Jyväskylä Sports Academy	1
Kamuzu University of Health Sciences (KUHES)SPORT COMPLEX HIGH PERFORMANCE CENTRE formerly COLEEGE OF MEDICINE	1
Kuortane OTC	1
Kuortane OTC	1
Legia Training Center	2
Leistungssport Austria	5
Ligue IDF de Handball	1
Luxembourg Institute for High Performance in Sports	1
Ministère de la Culture, de la Jeunesse, des sports et des relations avec le parlement	1
Ministry of Sport, Youth and National Service	7
MTC Dome	2
National Olympic Training Center Helsinki	4
NW Academy of Sport	5
OFSPo Macolin	1
Olympiazentrum Vorarlberg GmbH	2
Olympic Training Centre Berlin	1
Own the Podium	3
OYDC ZAMBIA	1
Pajulahti Olympic & Paralympic training center	2
Papendal	1
Prime Human Performance Institute	3
Queensland Academy of Sport	1
REGION DE MURCIA DEPORTES SAU	1
Rio Maior Sports Centre	3
Scottish Institute of Sport	1
Sport Academy of Turku Region	2
Sport Ireland Institute	3
Stichting BrabantSport	2
Surfing Viana High Performance Centre	1
Surfing Viana High Performance Centre	1
Swedish Sport Confederation	1
Sylvan Adams Sports Institute	1
The Norwegian Olympic Sports Center (Olympiatoppen)	2
TuksSport(PTY)Ltd ta hpc	2
UK Sport	6
United World Wrestling	1
UNIVERSITY OF BOTSWANA	2
USA Skateboarding	3
Varala Sport Instute	2
Victorian Institute of Sport	1
WAIS	1
Wingate institute	1
<b>Total</b>	<b>162</b>

## E. PARTICIPANTS OPINION REGARDING THE FORUM:

We conducted a survey at the end of the Forum:

### Answers average

#### PART I

Rate the conference program and speakers:  
**4,15 / 5**

Rate the pre-forum informations:  
**3,97 / 5**

Rate the food services at INSEP:  
**4,27 / 5**

Rate the meeting rooms and conference room:  
**4,45 / 5**

Rate the dinner and party at the penich:  
**3,61 / 5**

Rate the meeting rooms and conference room:  
**4,45 / 5**

#### PART II

Overall impression on the XIII Forum of Elite Sports :  
**4,33 / 5**

Rate the topics of the XIII Forum of Elite Sports :  
**4,09 / 5**

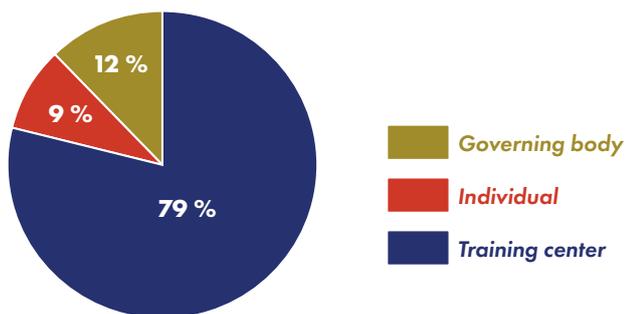
Rate the registration process:  
**4,55 / 5**

Were you satisfied by the INSEP STAFF?  
**4,79 / 5**

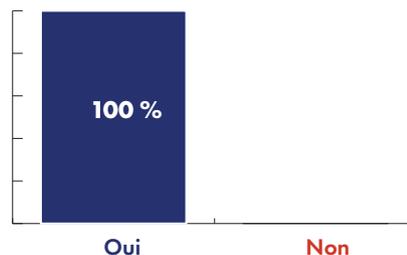
**Average : 4,21 / 5**

#### PART III

Membership type?



Appropriate period for the organization of the XIII ASPC Forum



**PART IV**

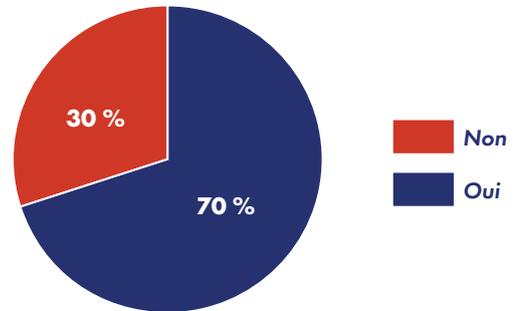
Rate the format of the interventions



Suggestions about the format of the interventions:

- Involve more athletes
- Shorter sessions
- Breakout
- Presentation for each intervention
- More case studies

More athletes interventions?



**PART V**

Suggestions for future topics :

- E-sport - Transgender athletes - Artificial Intelligence - Entrepreneurship in sports - Early pathway - Balancing community & Elite sport needs - Marketing & Commercial partnerships for sports performance - Athletes wellbeing - Climate change - Leadership - Partnerships with universities



**PART VI**

Suggestions for any possible improvement :

- Shorter sessions - Workshops - Coffee available on arrival each day - Formal dinner, not a cocktail party - Shorter days - Breakout groups - Relevant and impactful topics - Bring up the topics of climate change, well-being...
- Presenters from across the ASPC network - More networking opportunities
- Accreditation tags for all delegates - Equal numbers of male and female presenters - Shorter lunch break

## 4 | Communication

### A. PAGE ON THE INSEP WEBSITE AND LINKEDIN COMMUNICATION

All information about the Forum is available on a web page on the INSEP website :

<https://www.insep.fr/en/agenda/aspc-2023-forum-paris-france>

#### Publications on LinkedIn:

[First publication](#)

[Second publication](#)

[Third publication](#)

### B. PRESS REVIEW

«Leadership and ethics»

INSEP is organising the XIIIth ASPC Forum,  
the first event of the post-covid era

From 4 to 6 October, INSEP will be welcoming 150 leaders of centres of excellence from over 30 countries and 5 continents, as well as French political, economic and sporting decision-makers.

INSEP has been an active member of the Association of High Performance Centres (ASPC) since 2006, and as such is organising the 2023 edition of the Forum. After several cancellations due to the health crisis, this XIIIth edition was eagerly awaited by all the international member structures.

«International cooperation, the international promotion of French know-how and the exchange of expertise form the backbone of INSEP's work in the field of international relations. This dimension takes on even greater importance with less than a year to go before the 2024 Olympic and Paralympic Games in Paris,» says Fabien Canu, INSEP's Director General.

The ASPC Forum is a forum for information and experience-sharing on models of performance, integration, leadership and management in elite sport, between the association's international members on the one hand, and leading guests on the other.

This year's event, organised by INSEP, was structured around conferences on the central theme of 'leadership and ethics':

- What is the link between leadership and performance?
- How is female leadership different?
- How do managers take care of mental health in a high-level training centre?
- Well-being at work: how do you manage stress?
- How is the sports industry dealing with climate change issues?
- Climate, sustainable development and sport as a vehicle for peace (legacy of Paris 2024).

With less than a year to go to the Paris 2024 Olympic and Paralympic Games, the ASPC Forum had host speeches by the Minister for Sport and the Olympic and Paralympic Games, Amélie OUDÉA-CASTERA, the President of the French Paralympic and Sports Committee, Marie-Amélie LE FUR.



## 5 | Review and acknowledgments

Lessons and difficulties encountered at the Paris Forum: how to help HK 2024

- The programme for board members should be separate from the Forum programme. This led to confusion among participants.
- Make a room available for speakers who wish to prepare their presentation, exchange views with other speakers or take part in a videoconference.
- Ask by survey who will be present on Friday evening if a buffet is organized. As many participants left after the last talk, it is preferable to have an estimate of the number of participants remaining for the buffet to avoid wastage.

### Acknowledgements:

Special thanks to the ASPC Board for their confidence and their support during the 18 months of forum organisation.

Many thanks to the speakers : Tapio Korjus, Samuel Ducroquet, Nicolas Hieronimus, Debbie Low, Julien Issoulie, Eric Blondeau, Elign Signe Askvik, Marie-Amélie Le Fur, Anne-Marie Harrisson, Ju'Reise Colon, Fiona de Jong, Goran Kentta, Ken Bagnell, Juan Herrera-Ramirez, Harry Bahr, Kenny Jean-Marie, Brendon Goodenough, Philippe Gosselin, Josep Escoda, Jean-François Toussaint, Kevin Subban, Cédric Borremans, Joël Bouzou, Ekehard Fozzy Moritz, Takeshi Kukidome and Emma Tehro.

Each contribution was noticed, appreciated and praised.

Thank you to l'Oréal company and its University, to Yasmina Jaidi and to Olivier Basso for their expertise and advice in building this Forum.

Thank you to the Paris Olympic and Paralympic Games Organising Committee and in particular to Thierry Rey for his communicative enthusiasm and availability.

Thank you to the services of INSEP (international relations and grand INSEP network unit, hospitality, communication, audiovisual management, catering) that contributed to the success of this Forum through their commitment and professionalism.

Thank you to all the participants for coming. Their presence in large numbers ensured the success of this 13th edition of the ASPC.

Finally, congratulations to Finland on winning forum 2025.

Let's meet in Hong Kong for the next forum in December 2024.



Copy of registration form

Registration XIII ASPC FORUM Validation

Title  
Mr. [dropdown]

Name [input]

First name [input]

Organization [input]

Position [input]

Email [input]

Phone [input]

Work address [input]

- Category
- Registration
  - Invitation
  - Support technique UDNI

Other

Promotional code [input]

XIII ASPC FORUM >

Minute of the ASPC 17th GENERAL ASSEMBLY HELD AT INSEP-PARIS ON OCTOBER 3rd and 6th, 2023