



PREPARATION OF TEAM USA Vancouver 2010

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Winter Sports



Driving Principles - Four Year Planning / Execution

- Background
 - Consistency and Continuity
 - Team work and continued emphasis on the values of the Olympic movement
 - Strategic stabilization and systematic growth
 - Athletes
 - Coaching
 - Training and coaching
 - Monitoring and assessment
 - Maximize efficiency and effectiveness
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Training Center/Site Utilization – Winter Sports

- Olympic Training Centers:
 - Lake Placid OTC / ORDA
 - Luge, Bobsled, Biathlon
 - Colorado Springs OTC
 - All Sports
 - Chula Vista
 - Skiing, Snowboarding, SSK, Bobsled / Skeleton
- Olympic Training Sites
 - Utah Athletic Foundation (Olympic Sports Park / Kearns SSK Oval)
 - Speedskating, Freestyle Skiing, Bobsled/Skeleton, Luge, Nordic Skiing
 - Pettit Center OTS
 - Speedskating
 - Northern Michigan University OTS
 - Speedskating, Nordic Skiing
- Other – Sport Specific
 - Green Bay (Curling)
 - USSA Center of Excellence
 - Mountain Resorts, ski and snowboard centers



Photo By Paul and Michelle Harvath / Courtesy of US Figure Skating



Training Center / Site Use by Sport

Sport	Olympic Training Center Residents	High Performance Camps	OTC Based Performance Services	Technology	Specialized Facilities	Primary Centers
Biathlon	Yes	Yes	Yes	Yes	Yes	LP
Bobsled / Skeleton	Yes	Yes	Yes	Yes	Yes	LP, CV, PC, COS
Curling	No	Yes	No	No	No	COS*
Figure Skating	No	Yes	Yes	No	No	COS
Ice Hockey	No	Yes	Yes	No	No	COS, LP
Luge	Yes	No	Yes	Yes	No	LP
Ski and Snowboard	No	Yes	Yes	No	No	Park City, UT**
Speedskating	No	Yes	Yes	Yes	Yes	Salt Lake City**, Milwaukee**, Marquette**

* Camps / HP Summits

** Training Sites



How does this fit with our Strategy

- Efficiency and effectiveness
- Quality of training
- Special Services delivered to multiple sports
- Environment





Case Study – Bobsled / Skeleton

- Strategy:
 - Utilizing multiple Training Centers to complete training plan
- Benefits:
 - Specialized facilities
 - Technology
 - Expertise and assessment
 - Team building
 - Cross Training





Case Study - Biathlon

- Strategy
 - Centralized Resources and Stability in Lake Placid
- Benefits
 - Customized facilities
 - Technology
 - Expertise and assessment
 - Safety





Conclusions

- Preparation
 - Training Centers / sites have played a critical role in implementation of the USA Winter Sports Strategy
 - Significant focus of preparation for over ½ of the winter sports program
 - Critical resource for future stability that is effective and efficient
- Results
 - Biathlon – World Cup Medal in Vancouver Test Event
 - Bobsled – First World Championship Gold medal in 50 years
 - Luge – Gold Medal at World Championships
 - Speedskating – 10 Medals at World Championships